



# UPDATE

February 1, 2017

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*Prepared by the U.S. Department of Health and Human Services,  
National Institutes of Health, National Institute of Mental Health,  
Office of Constituency Relations and Public Liaison*

## TWO NIMH GRANTEES RECEIVE PRESTIGIOUS PRESIDENTIAL AWARD

The National Institute of Mental Health (NIMH) congratulates two NIMH grantees who received the Presidential Early Career Award for Scientists and Engineers (PECASE). Mary Kay Lobo from the University of Maryland School of Medicine and Eric Morrow from Brown University are among the 102 scientists and researchers named as PECASE recipients.

**Science Update:** <https://www.nimh.nih.gov/news/science-news/2017/two-nimh-grantees-receive-prestigious-presidential-award.shtml>

## ALL OF US RESEARCH PROGRAM ANNOUNCES FUNDING OPPORTUNITY FOR COMMUNITY PARTNERS: DIVERSE COMMUNITY SUPPORT VITAL FOR A COHORT PROGRAM REFLECTIVE OF THE U.S. POPULATION

The National Institutes of Health (NIH) has announced a new opportunity for organizations interested in helping engage volunteers in the *All of Us Research Program*, part of the Precision Medicine Initiative. This funding opportunity, open to national and regional organizations, as well as local community groups, will support activities to promote enrollment and retention in the All of Us Research Program across diverse communities. NIH will hold an informational webinar on February 10 for people interested in learning more.

**Press Release:** <https://www.nih.gov/news-events/news-releases/all-us-research-program-announces-funding-opportunity-community-partners>

## 1.5 MILLION ADULTS EXPERIENCING SERIOUS MENTAL ILLNESS MISUSED OPIOIDS IN THE PAST YEAR

A new spotlight report by the Substance Abuse and Mental Health Services Administration (SAMHSA) indicates that in 2015 about 1.5 million adult Americans who had experienced a serious mental illness (SMI) in the past year had also misused an opioid during this period. The misuse of opioids includes any use of heroin and/or the misuse of opioid-based prescription pain relievers. These figures mean that about one in eight of adults who misused opioids in the past year opioid also experienced a SMI. Alternatively about one in seven adults experiencing a SMI in the past year had also misused an opioid.

**Press Release:** <https://www.samhsa.gov/newsroom/press-announcements/201701241230>

## **NEW REPORT EXAMINES THE NON-MEDICAL USE OF OPIOIDS AMONG WOMEN OF CHILDBEARING AGE: A REPORT TO CONGRESS OUTLINES MEASURES TO ADDRESS THE PROBLEM**

A new report using combined data from a series of SAMHSA data sets examines the misuse of opioids among women of childbearing age. At the same time a new report to Congress outlines proposals for helping to reduce the risk that this national problem may pose to pregnant women and infants. The new statistical report found pregnant women were less likely than non-pregnant women of the same age to have used opioids in the past month for non-medical reasons.

**Press Release:** <https://www.samhsa.gov/newsroom/press-announcements/201701171100>

## **STUDY FINDS PREMATURE DEATH RATES DIVERGE IN THE U.S. BY RACE AND ETHNICITY**

Premature death rates have declined in the United States (U.S.) among Hispanics, blacks, and Asian/Pacific Islanders—in line with trends in Canada and the United Kingdom—but increased among whites and American Indian/Alaska Natives (AI/AN), according to a comprehensive study of premature death rates for the entire U.S. population from 1999 to 2014. This divergence was reported by researchers at the National Cancer Institute (NCI), the National Institute on Drug Abuse (NIDA), and the University of New Mexico College of Nursing.

**Press Release:** <https://www.cancer.gov/news-events/press-releases/2017/premature-death-rates-diverge>

### **RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES**

## **NEW FROM NIMH**

### **NEW WEBPAGE: DR. GORDON IN THE NEWS**

Since becoming Director of the NIMH in September, 2016, Dr. Joshua Gordon has participated in a number of interviews about mental health research, future directions, and priorities for the Institute. Visit the newly launched, “Dr. Gordon in the News” webpage to view a selection of the resulting articles.

<https://www.nimh.nih.gov/about/director/dr-gordon-in-the-news.shtml>

Individuals can receive email updates about his latest media interviews, news mentions, and commentaries, by subscribing on the NIMH website:

[https://public.govdelivery.com/accounts/USNIMH/subscriber/new?category\\_id=USNIMH\\_C12](https://public.govdelivery.com/accounts/USNIMH/subscriber/new?category_id=USNIMH_C12)

## NEW FROM NIH

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### MEDLINEPLUS MAGAZINE: DEALING WITH DEPRESSION

The *National Institutes of Health (NIH) MedlinePlus Magazine* offers research updates and features stories with people about how they have dealt with health challenges. This latest issue focuses on depression, and features an interview with Olympic medalist Michael Phelps discussing his experience with depression. The issue also includes an interview with NIMH scientist Carlos Zarate about his research on ketamine to treat depression. <https://medlineplus.gov/magazine/issues/winter17/toc.html>

### ARCHIVED VIDEOCAST: WHAT IS THE RDOC INITIATIVE AND HOW DOES IT APPLY TO MENTAL HEALTH DISORDERS?

This NIH lecture provided an overview of the NIMH Research Domain Criteria (RDoC) initiative and how it applies to mental disorders. <https://videocast.nih.gov/summary.asp?live=21575&bhcp=1>

### INFOGRAPHIC: IF A FAMILY MEMBER HAS ALZHEIMER'S DISEASE, WILL I HAVE IT, TOO?

Knowing one's family health history may help one know if they are at increased risk. Read this infographic to learn more about Alzheimer's genetics. <https://www.nia.nih.gov/health/infographics/if-family-member-has-alzheimers-disease-will-i-have-it-too>

### TOLERANCE, DEPENDENCE, ADDICTION: WHAT'S THE DIFFERENCE?

This NIDA Drugs and Health blog post for teens describes the difference between drug addiction, dependence, and tolerance and how each affect a person's body and brain. <https://teens.drugabuse.gov/blog/post/tolerance-dependence-addiction-whats-difference>

### FACT SHEET: EFFECTIVE TREATMENTS FOR OPIOID ADDICTION

This NIDA brief fact sheet provides information about the effectiveness of medication assisted treatment (MAT) for opioid use disorders and recent scientific advances in this area. <https://www.drugabuse.gov/publications/effective-treatments-opioid-addiction/effective-treatments-opioid-addiction>

### MYTH-BUSTING POPULAR NATURAL PRODUCTS MARKETED FOR DISEASE PREVENTION AND WELLNESS

This National Center for Complementary and Integrative Health (NCCIH) issue of the digest busts common myths about natural products marketed to promote health and wellness and prevent disease (e.g., improving sleep, reducing stress, preventing colds, and preventing heart disease), as well as provides a summary of evidence of other complementary health approaches that have the potential for beneficial effects. <https://nccih.nih.gov/health/providers/digest/wellness>

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## NIDA: PREVENTION PROGRAM REDUCES SUBSTANCE USE BY PARTICIPANTS' FRIENDS

This NIDA-funded study found the *Strengthening Families Program for Youth 10-14* reduced substance use among the friends of teens who participated in the intervention as well as the participants themselves, and the friends' substance use reductions were mediated by altered attitudes toward substance use and reductions in unsupervised socializing with peers. <https://www.drugabuse.gov/news-events/nida-notes/2017/01/prevention-program-reduces-substance-use-by-participants-friends>

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## PARKINSON'S DISEASE AND COMPLEMENTARY HEALTH APPROACHES

This NCCIH digest issue provides a summary of evidence for several complementary health approaches that have been studied for Parkinson's disease, including natural products and mind and body practices. <https://nccih.nih.gov/health/providers/digest/parkinson-disease>

## MENTAL HEALTH CONDITIONS IN THE WORKPLACE REPORT

The U.S. Equal Employment Opportunity Commission recently released a new resource providing guidance on the workplace rights of people with depression, post-traumatic stress disorder, and other mental health conditions. This new publication addresses topics such as disclosure of mental health conditions and the process for requesting reasonable accommodations. In addition, it provides information on steps employees can take in situations of harassment or discrimination based on their mental health conditions. [https://www.eeoc.gov/eeoc/publications/mental\\_health.cfm](https://www.eeoc.gov/eeoc/publications/mental_health.cfm)

## WHITE PAPER: OPIOID USE, MISUSE, AND OVERDOSE IN WOMEN

The U.S. Department of Health and Human Services (HHS) Office on Women's Health (OWH) recently published a white paper which explores what is currently known about the opioid epidemic, describes promising practices for addressing opioid use disorder prevention and treatment for women, and identifies areas that are less well understood and may warrant further study. The report was developed as part of an initiative supported by OWH to examine prevention, treatment, and recovery issues for women who misuse, have use disorders, and/or overdose on opioids. <https://www.womenshealth.gov/publications/federal-report/index.html#a2016>

## NEW FROM SAMHSA

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### NEW GUIDE FOR PROVIDING A TRAUMA-INFORMED APPROACH IN HUMAN SERVICES

This blog post describes a new guide to trauma-informed services intended to provide an introduction to the topic of trauma, a discussion of why understanding and addressing trauma is important for human services programs, and a “road map” to find relevant resources. <https://blog.samhsa.gov/2017/01/12/new-guide-for-providing-a-trauma-informed-approach-in-human-services/>

### REACHING OUT TO HELP: NEW PSAS FOR LATINO COMMUNITIES

This blog post describes recently released public service announcements (PSAs) to raise awareness among Hispanic/Latino communities about the five signs of emotional distress and where to go for help. <https://blog.samhsa.gov/2017/01/10/reaching-out-to-help/#.WjkoFMrKpo>

### MENTAL HEALTH AND SUBSTANCE USE DISORDER PARITY

This blog post describes provisions in the 21st Century CURES Act that advance parity in health coverage for consumers who need mental health and substance use disorder services. The four areas which SAMHSA and the Department of Labor (DOL) are focusing on include helping consumers who are looking for answers related to their parity appeals, complaints, and other actions; increased reporting on federal enforcement actions so that stakeholders have more information about DOL investigations and the types of violations found and actions taken; sharing public comments on health plan disclosure requirements; and giving states the information and tools they need to implement parity.

<https://blog.samhsa.gov/2017/01/17/mental-health-and-substance-use-disorder-parity-promises-kept/>

### BULLYING PREVENTION IN INDIAN COUNTRY

This fact sheet provides information and resources related to the specific bullying prevention needs for AI/AN communities. It highlights effective school-based anti-bullying prevention strategies.

<http://store.samhsa.gov/product/Bullying-Prevention-in-Indian-Country/SMA16-4996>

### SUICIDE PREVENTION IN INDIAN COUNTRY

This fact sheet, developed for tribal audiences and the agencies that work with them, reviews suicide prevention in Indian Country and how the 2012 National Strategy for Suicide Prevention can apply to tribal communities. <http://store.samhsa.gov/product/Suicide-Prevention-in-Indian-Country/SMA16-4995>

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## WHEN A CHILD ALLEGES SEXUAL ABUSE BY AN EDUCATOR OR OTHER SCHOOL STAFF: AN EDUCATORS' GUIDE TO APPROPRIATE RESPONSE AND SUPPORT

Often, the safe classroom environment enables children to disclose troubling experiences to educators. Because child sexual abuse is common and has serious and multiple negative consequences, educators should be prepared to respond to these disclosures. This document addresses the types of responses that contribute to the best outcomes for children in an educational setting.

<http://www.nctsn.org/sites/default/files/assets/pdfs/sexualabusebyeducator.pdf>

## SAMHSA GAINS CENTER RESOURCES ON EARLY DIVERSION

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### BEHAVIORAL HEALTH AND LAW ENFORCEMENT: EARLY DIVERSION INITIATIVES

This fact sheet from SAMHSA's GAINS Center offers an overview of early diversion initiatives where behavioral health practitioners worked with police officers to resolve crisis encounters and transition an individual into behavioral health services. It provides a summary of essential elements of an early diversion initiative in addition to brief summaries of existing initiatives and models. <https://www.prainc.com/wp-content/uploads/2017/01/LE-and-MHv6.pdf>

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### VIDEO: CRISIS INTERVENTION TEAMS (CIT)

This video provides an overview of Crisis Intervention Teams (CIT). The CIT model combines training for police officers with partnerships between law enforcement and local behavioral health service providers to furnish officers with the training and services necessary to identify and address a mental health crisis situation safely, effectively, and efficiently.

<https://www.youtube.com/watch?v=mKCa0zfEJpE&feature=youtu.be>

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### INFOGRAPHIC: OVERVIEW OF THE CIT MODEL AND ITS IMPLEMENTATION

This infographic provides a brief overview of the key components of CIT, including course elements and benefits. <https://www.prainc.com/wp-content/uploads/2016/12/CIT-Infographic-8.pdf>

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## NEW FROM CDC

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### PHYSICIAN OFFICE VISITS FOR ADHD DISORDER IN CHILDREN AND ADOLESCENTS AGED 4–17 YEARS: U.S., 2012-2013

This Centers for Disease Control and Prevention (CDC) report describes the rate and characteristics of physician office visits by children aged four to 17 years with a primary diagnosis of attention-deficit/hyperactivity disorder (ADHD). From 2012 to 2013, an estimated annual average of 6.1 million physician office visits were made by children aged four to 17 years with a primary diagnosis of ADHD. <https://www.cdc.gov/nchs/products/databriefs/db269.htm>

### NEW CDC APP

New for iPhone and Android phones and updated for tablet users, the latest CDC app will put health information in the hands of users wherever they go. One can find factual health information from a greater variety of content sources and use direct links to social media, text, and email to immediately share interesting articles with friends and family. <https://www.cdc.gov/mobile/applications/cdcgeneral/promos/cdcmobileapp.html>

### NEW HHS OMH AND CDC COLLABORATION TO IMPROVE UNDERSTANDING OF THE HEALTH STATUS OF AI/AN COMMUNITY

A new intra-agency agreement between the HHS Office of Minority Health (OMH) and CDC will enhance a behavioral risk factor surveillance survey (BRFSS) to provide an improved understanding of the health status of AI/AN communities. As part of the CDC's 2017 BRFSS, the CDC will conduct an oversampling in 11 states that have a higher proportion of AI/AN. The oversampling of AI/AN communities will increase understanding of health-related risk behaviors, chronic health conditions, access to care, and use of preventive services in the AI/AN population. <https://content.govdelivery.com/accounts/USOPHSOMH/bulletins/17b5561>

### EXPLORE HOW TO CHANGE SOCIAL NORMS: DISCOVER THE RELATIONSHIP BETWEEN SOCIAL NORMS AND VIOLENCE

This new online resource on social norms shows how attitudes, beliefs, and behaviors based in misperception can create risk for violence. The site also provides tips for changing social norms through social marketing and health communications. <http://vetoviolence.cdc.gov/violence-prevention-basics-social-norms-change>



## ONLINE CDC TRAINING COURSES

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### PATHWAYS TO SAFER OPIOID USE

In this online interactive training, learn how to apply health literacy principles and use a team-based approach to treat patients with chronic pain and ultimately prevent opioid-related adverse drug events. Earn free continuing medical education credits.

<https://cdc.train.org/DesktopModules/eLearning/CourseDetails/CourseDetailsForm.aspx?tabid=62&courseid=1057950>

### HOW TO BE AN EFFECTIVE SPOKESPERSON

This online course covers the role of a community-level public health spokesperson and how to effectively craft and deliver messages for media interviews. Take the course to learn about recent audience research and message testing, best practices and tactics for effective message delivery, and opportunities to practice these communication skills. Continuing education credits are available.

<https://cdc.train.org/DesktopModules/eLearning/CourseDetails/CourseDetailsForm.aspx?tabid=62&courseid=1058892>

## STOPBULLYING.GOV BLOG POSTS

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### PROTECTING YOUTH FROM BULLYING: THE ROLE OF THE PEDIATRICIAN

This blog post describes how pediatric health care providers are an important, front line, family-trusted group that can not only detect the warning signs of victimization, but are also in a position to advise parents and advocate for their patients. It is important for health care providers to be prepared to screen and counsel children for bullying during both routine health maintenance exams and illness visits. Pediatricians can remind parents to be vigilant regarding changes in their child's behavior or mood and keep channels of communication open. <https://www.stopbullying.gov/blog/2017/01/17/protecting-youth-bullying-role-pediatrician>

### BULLYING KNOWS NO BOUNDARIES – LESSONS LEARNED FROM THE UK

The impact of bullying behavior is not confined to geographic boundaries. Negative impacts and lessons learned can be found across the world, not just in the U.S. To share the work being done outside the U.S., StopBullying.gov is honored to highlight the work of Ditch the Label in the United Kingdom and its CEO Liam Hackett. <https://www.stopbullying.gov/blog/2017/01/26/bullying-knows-no-boundaries-lessons-learned-uk.html>

## NEW FROM ACF

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### NEW NATIONAL HUMAN TRAFFICKING TRAINING AND TECHNICAL ASSISTANCE CENTER

The Administration of Children and Families' Office on Trafficking in Persons launched the National Human Trafficking Training and Technical Assistance Center (NHTTAC). The NHTTAC will serve as the anti-trafficking field's primary source of training and technical assistance from a public health perspective. The Center also seeks to continue to build the capacity of communities assisting survivors of human trafficking and working to prevent modern forms of slavery; increase victim identification and access to trauma-informed services for all survivors; strengthen health and well-being outcomes for survivors of human trafficking; and reduce the vulnerabilities of those most at risk of human trafficking. <https://www.acf.hhs.gov/blog/2017/01/hhs-launches-new-national-human-trafficking-training-and-technical-assistance-center>

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### RACIAL DISPROPORTIONALITY AND DISPARITY IN CHILD WELFARE

This issue brief explores the prevalence of racial disproportionality and disparity in the child welfare system. It also describes strategies that can assist child welfare administrators, program managers, and policymakers with addressing these issues in general and at specific decision points in the child welfare process. Examples of state and local initiatives that address disproportionality also are highlighted.

<https://www.childwelfare.gov/pubs/issue-briefs/racial-disproportionality/>

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### SPOTLIGHT ON SUPPORTIVE CONNECTIONS FOR YOUTH

Youth in and transitioning out of foster care face many challenges and need a wide range of support—in terms of resources and tools, as well as in relationships. This issue of *Children's Bureau Express* highlights supportive services for youth as well as resources for professionals and other caring adults to help youth in foster care and after.

<https://cbexpress.acf.hhs.gov/index.cfm?event=website.viewSection&issueID=183&subsectionID=73>

### REAL WARRIORS: SLEEP MATTERS INFOGRAPHIC

This infographic provides practical tips to maximize sleep and improve overall health.

<http://www.realwarriors.net/materials>

## DCOE BLOG POSTS

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### IMPROVE HEALTH WITH FOUR MINDFULNESS EXERCISES

Mindfulness benefits both the mind and body. It can help one maintain control and balance and achieve goals. Mindfulness can also help improve breathing, posture, and other components of mind-body wellness through simple exercises. This Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury blog post provides four mindfulness exercises. [http://www.dcoe.mil/blog/17-01-05/Improve\\_Your\\_Health\\_with\\_4\\_Mindfulness\\_Exercises.aspx](http://www.dcoe.mil/blog/17-01-05/Improve_Your_Health_with_4_Mindfulness_Exercises.aspx)

### THINGS YOU NEED TO KNOW ABOUT DEPRESSION

Although people use the words depressed or depression to refer to a sad mood, it is much more than just a bad day. Depression is a complicated condition with many aspects. This blog post outlines six key concepts about depression and includes an infographic that outlines symptoms of depression and risk factors specific to women. [http://www.dcoe.mil/blog/17-01-24/Things\\_You\\_Need\\_to\\_Know\\_About\\_Depression.aspx](http://www.dcoe.mil/blog/17-01-24/Things_You_Need_to_Know_About_Depression.aspx)

### PODCAST FOR MILITARY FAMILY CAREGIVERS

The Defense and Veterans Brain Injury Center launched a podcast series called, *The TBI Family* for caregivers of service members and veterans with traumatic brain injury. Each episode offers information, resources, tips, and shares caregiver stories. Listen or download episodes via SoundCloud, iTunes, or Google Play. <http://dvbic.dcoe.mil/podcasts>

## GETTING PEOPLE LEAVING PRISON AND JAIL THE MENTAL HEALTH CARE AND SUBSTANCE USE TREATMENT THEY NEED: WHAT POLICYMAKERS NEED TO KNOW ABOUT HEALTH CARE COVERAGE

This discussion paper funded the Bureau of Justice Assistance identifies key questions and issues policymakers should consider when seeking to help people leaving prison and jail connect to needed mental health and substance use treatment. The paper provides examples of local practices and legislative and administrative actions drawn from 30 states. <https://www.bja.gov/publications/Critical-Connections-Full-Report.pdf>

## EVENTS

### WEBINAR: AGING WELL: ADDRESSING BEHAVIORAL HEALTH WITH OLDER ADULTS IN PRIMARY CARE SETTINGS

FEBRUARY 15, 2017, 1:00 PM ET

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Join this SAMHSA-Health Resources and Services Administration (HRSA) Center for Integrated Health Services (CIHS) webinar to learn what providers need to know and steps to take to be prepared to meet the behavioral health needs of older adults. Learn how one primary care provider took steps to identify and address behavioral health concerns in older adults, and hear how integrated primary and behavioral health care can guide patients toward healthy aging. <https://goto.webcasts.com/starthere.jsp?ei=1134188>

### WEBINAR: HOW TO HELP A CHILD WHO WORRIES TOO MUCH

FEBRUARY 16, 2017, 1:00-2:00 PM ET

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Worry is a normal part of a child's life. A child might feel anxious before taking a test or making an important decision. But for many children, anxiety involves more than temporary worry. These children experience excessive worry for months or years about a variety of everyday things. Some children find it difficult to control the worry, and the feelings interfere with daily activities such as school work and social activities. Join this NIMH webinar and learn to identify the signs and symptoms of generalized anxiety disorder and separation anxiety disorder, and specific evidence-based techniques that can help children learn different ways of thinking and reacting to anxiety provoking situations.

<https://howtohelpachildwhoworriestoomuch.eventbrite.com>

### WEBINAR: HUMAN TRAFFICKING TRAINING FOR SOCIAL WORK PROFESSIONALS AND COMMUNITY-BASED ORGANIZATION STAFF

FEBRUARY 16, 2017, 1:00-4:00 PM ET

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The *Stop. Observe. Ask. Respond to Human Trafficking (SOAR)* training equips professionals with skills to identify, treat, and respond appropriately to potential victims and survivors of human trafficking. The SOAR to Health and Wellness will be provided in this webinar for social work professionals and community-based organizations. <https://www.acf.hhs.gov/otip/events/soar-webinar-training-for>

## WEBINAR: AMIDST THE OPIOID CRISIS: BEST PRACTICES FOR SMVF RESILIENCE, TREATMENT, AND RECOVERY

FEBRUARY 22, 2017, 2:00 PM ET

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Compared with the general population, service members, veterans, and their families (SMVF) are at a greater risk of misusing opioids and unintentionally overdosing. Combat-related injuries resulting in chronic pain, sleep disorders, mental health problems, and co-occurring conditions all play a role in this trend. SAMHSA is working with the U.S. Department of Veterans Affairs (VA), the U.S. Department of Defense, and other interagency partners to advance strategies to combat the opioid crisis among SMVF. This SAMHSA webinar will feature comprehensive evidence-based solutions, including MAT and recovery approaches. This webinar will also highlight the steps the VA has taken to address one of its greatest challenges – chronic pain and overprescribing. This webinar will not only review the nature and cause of the problem, but will also provide strategies designed to enhance statewide approaches and improve military and civilian behavioral health system responses to the opioid crisis. <https://goto.webcasts.com/starthere.jsp?ei=1131690>

## WEBINAR: KEEPING A MILLION HEARTS BEATING: HOW INTEGRATED CARE CAN REDUCE HEART DISEASE

FEBRUARY 28, 2017, 1:00 PM ET

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Heart disease continues to be the top cause of death among Americans, with one of every four Americans dying from heart-related problems including heart attack and stroke. And, people with mental illness are nearly twice as likely to die from chronic health conditions, including heart disease, than the general population. The HHS *Million Hearts* initiative was created to prevent one million heart attacks and strokes by 2017. Join this SAMHSA-HRSA CIHS webinar to learn what's next for *Million Hearts* and how health care providers, including integrated primary and behavioral health care providers, have used *Million Hearts'* blood pressure protocols to improve the health of the people they serve. <https://goto.webcasts.com/starthere.jsp?ei=1134430>

## WEBINAR: TEENAGERS AND SOCIAL ANXIETY

MARCH 9, 2017, 1:00-2:00 PM ET

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Many people feel slightly self-conscious, nervous, or shy in front of other people; however, some children, particularly teenagers, experience an intense and chronic fear of social or performance situations in which they expect to feel embarrassed, judged, rejected, or fearful of offending others. These extreme feelings can significantly interfere with school, extracurricular activities, and making friends. Join this NIMH webinar and learn the signs and symptoms of social anxiety disorder and strategies to help teenagers learn different ways of thinking, behaving, and reacting to social worries and concerns. <https://teenagersandsocialanxiety.eventbrite.com>

## WEBINAR: IRRITABLE KIDS: WHAT THE RESEARCH TEACHES US

MARCH 30, 2017, 1:00–2:00 PM ET

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Are you concerned about your child's irritability? Does your child have severe temper tantrums or "rages?" Join this NIMH webinar and learn about severe irritability and disruptive mood dysregulation in children and youth with Kenneth Towbin, M.D., Chief of Clinical Child and Adolescent Psychiatry in the NIMH Emotion and Development Branch. Dr. Towbin will discuss: common signs and severity of symptoms, how parents can help a child with severe irritability, what treatment options exist, and ongoing research about irritable children conducted at NIMH in Bethesda, MD. <https://irritablekidswebinar.eventbrite.com>

## NATIONAL MINORITY HEALTH MONTH 2017: BRIDGING HEALTH EQUITY ACROSS COMMUNITIES

APRIL 2017

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During National Minority Health Month, OMH will join with its partners in raising awareness about efforts across health, education, justice, housing, transportation, and employment sectors to address the factors known as the *social determinants of health* – environmental, social, and economic conditions that impact health. Visit the OMH website to learn more about National Minority Health Month and sign up for the *National Minority Health Month* topic on its email list to be notified about new tools and resources to support #NMHM17 events and programs.

<https://content.govdelivery.com/accounts/USOPHSOMH/bulletins/17ae2f2>

## WEBINAR: WHAT TO DO (AND NOT DO) WHEN CHILDREN ARE ANXIOUS

APRIL 20, 2017, 1:00-2:00 PM ET

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Caregivers play a vital role in helping a child manage anxiety. Sometimes it's hard to know what to say and do when a child is anxious. This NIMH webinar will offer the practical strategies to help caregivers and children break the cycle of anxiety. Participants will learn how to present important concepts about the nature and causes of anxiety, effective ways to change unhelpful thinking, how to face feared situations in a gradual, manageable way, and how to identify and change the cycle of accommodating anxiety within the family. <https://whattodowhenchildrenareanxious.eventbrite.com>

## 2017 NIH REGIONAL SEMINAR: PROGRAM FUNDING AND GRANTS ADMINISTRATION

MAY 3-5, 2017, NEW ORLEANS, LA

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The NIH Office of Extramural Research is hosting this seminar, which offers attendees from around the globe a comprehensive program designed around the latest in NIH grants policies, program, and process information, presented by approximately 70 NIH and HHS program, peer review, policy, and grants management officials. <https://regionalseminars.od.nih.gov/neworleans2017/>

### CALLS FOR PUBLIC INPUT

#### SAMHSA'S GAINS CENTER SEEKING COMMUNITIES FOR STRATEGIC PLANNING OPPORTUNITY: SEQUENTIAL INTERCEPT MAPPING

SAMHSA's GAINS Center is currently soliciting applications from communities interested in developing integrated strategies to better identify and respond to the needs of adults with co-occurring mental and substance use disorders in contact with the criminal justice system. Sequential Intercept Mapping (SIM) is a one and a half-day workshop designed to allow local, multidisciplinary teams of people from jurisdictions to facilitate collaboration, and to identify and discuss ways in which barriers between the criminal justice, mental health, and substance use systems can be reduced, and to begin development of integrated local plans. SAMHSA's GAINS Center will offer this workshop free of charge in selected communities between May and August 2017. There are no fees for registration, tuition, or materials associated with these workshops. The GAINS Center will pay all costs associated with pre- and post-workshop coordination, conference calls, and facilitator time and travel. To apply for a 2017 SIM workshop, submit a completed application form no later than February 24, 2017. <https://t.e2ma.net/click/kl7ij/4ce6po/s7hclc>

#### HHS RELEASES AND SEEKS COMMENT ON THE PROTECTING OUR INFANTS ACT REPORT TO CONGRESS

SAMHSA recently released the *Protecting Our Infants Act Report to Congress*. The act mandated HHS to: conduct a review of planning and coordination activities related to prenatal opioid exposure and neonatal abstinence syndrome; develop recommendations for the identification, prevention, and treatment of prenatal opioid exposure and neonatal abstinence syndrome; and develop a strategy to address gaps, overlap, and duplication among Federal programs and Federal coordination efforts to address neonatal abstinence syndrome. Public comment is sought for "Part 4: Strategy to Protect Our Infants" (Section 2(b) of the Act) and comments will be incorporated into the strategy as appropriate. Comments accepted through February 13, 2017. <https://www.regulations.gov/docket?D=SAMHSA-2016-0004>

## THE ALL OF US RESEARCH PROGRAM SEEKS FEEDBACK FROM THE COMMUNITY

The *All of Us* Research Program (formerly known as the Precision Medicine Initiative Cohort Program) will create a community of one million or more people from across the U.S. to improve the future of health. Those who join the program will contribute their health, environment, and lifestyle information over an extended period of time. By gathering information from such a large group of people, researchers will be able to learn how specific factors impact an individual's health, and disease prevention and treatment. This approach to tailoring health care for each unique individual is called "precision medicine." The research program developers want to hear from everyone about their thoughts and ideas for how to make *All of Us* a success. Ideas on topics such as participant engagement and communications, health information data security, and the type of data to be collected are welcome from researchers, health care providers, patients, or anyone who wants to contribute to greater knowledge.

<https://app.hatchbuck.com/OnlineForm/62861057585>

## TEENS CALLED ON TO TACKLE OPIOID CRISIS THROUGH A NATIONWIDE PEER-TO- PEER VIDEO COMPETITION

The U.S. Drug Enforcement Administration (DEA), DEA Educational Foundation, and Discovery Education are launching the Operation Prevention Video Challenge that gives students the power to send a message to their peers about the dangers of opioid misuse. The challenge invites teens across the country to create a unique 30-60 second PSA, aimed at reaching other teens about this widespread issue. A panel of judges from Discovery Education and the DEA as well as community leaders, educators, and communications experts will select the winners for three DEA Educational Foundation scholarships. Teens can register and submit their entries through March 28, 2017. <https://www.operationprevention.com/video-challenge>

## CLINICAL TRIAL PARTICIPATION NEWS

### NATIONWIDE RECRUITMENT: DESCRIPTIVE STUDY OF SEVERE IRRITABILITY

(Outpatient: 1 day evaluation, and may include follow-up visits until age 25)

This study describes, over time, the moods and behavior of children and the associated brain changes. Participants must be in treatment with a physician, medically healthy, and not currently hospitalized, psychotic or suicidal. Symptoms include chronic anger, sadness, or irritability, along with hyperarousal (such as insomnia, distractibility, hyperactivity) and extreme responses to frustration (such as frequent, severe temper tantrums). The study procedures include research and computer tasks, neuropsychological testing and brain imaging. Recruiting ages 7-17. [02-M-0021]

<http://www.nimh.nih.gov/labs-at-nimh/join-a-study/trials/childrens-studies/brain-function-children-mood-bpd.shtml>



## NEW EDUCATIONAL RESOURCES TO SUPPORT CLINICAL TRIAL PROMOTION

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### INVESTIGACIÓN CLÍNICA—ONLINE SPANISH LANGUAGE RESOURCES AND VIDEOS

This section of *Salud.nih.gov*, NIH's Spanish-language website, describes the major concepts of clinical research participation in clear and plain language. The site also features videos of NIH researchers and patient volunteers whose native language is Spanish answering questions about their participation in the research process. <https://salud.nih.gov/investigacion-clinica/>

### RESEARCH PARTICIPATION RESOURCES

The HHS Office for Human Research Protections (OHRP) launched its new public outreach website, *About Research Participation*. These resources are designed to help potential volunteers better understand research and ask for the information they need to decide whether to participate in research. OHRP helps protect the rights, welfare, and well-being of volunteers who participate in research. This initiative broadens OHRP's educational and outreach efforts to the general public. The newly developed resources include a series of short videos about participating in research and a printable list of questions potential volunteers can ask researchers. <https://www.hhs.gov/ohrp/education-and-outreach/about-research-participation/index.html>

### FDA ENCOURAGES MORE PARTICIPATION, DIVERSITY IN CLINICAL TRIALS

Clinical trials are voluntary human research studies designed to answer specific questions about the safety and effectiveness of drugs, vaccines, devices, and other therapies—or to study new ways of using existing treatments. This U.S. Food and Drug Administration (FDA) *Consumer Update* describes the importance of diversity of clinical trials. Overall, few people actually sign up for and participate in trials, and those who do participate don't always represent the U.S. population. Participation is especially low for certain populations, including adults age 75 or older and people from certain racial and ethnic groups. That's why the FDA is encouraging more patients to participate in clinical trials, especially people of different ages, races, ethnic groups, and genders.

<http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm535306.htm>

## FUNDING INFORMATION

FY17 PREVENTION OF OPIOID MISUSE IN WOMEN: OFFICE ON WOMEN'S HEALTH PREVENTION AWARDS

<http://www.grants.gov/web/grants/view-opportunity.html?oppld=289319>

GRANTS TO EXPAND SUBSTANCE ABUSE TREATMENT CAPACITY IN FAMILY TREATMENT DRUG COURTS

<https://www.samhsa.gov/grants/grant-announcements/ti-17-004>

THE SECOND CHANCE ACT REENTRY PROGRAM FOR ADULTS WITH CO-OCCURRING SUBSTANCE USE AND MENTAL DISORDERS

<https://www.bja.gov/funding/SCACOD.pdf>

COOPERATIVE AGREEMENTS FOR TRIBAL BEHAVIORAL HEALTH

<https://www.samhsa.gov/grants/grant-announcements/sm-17-005>

MENTORING OPPORTUNITIES FOR YOUTH INITIATIVE

<https://www.ojjdp.gov/funding/FundingDetail.asp?fi=422>

SMART REENTRY: FOCUS ON EVIDENCE-BASED STRATEGIES FOR SUCCESSFUL REENTRY FROM INCARCERATION TO COMMUNITY

<https://www.bja.gov/Funding/SmartReentry.pdf>

RESEARCH ON REDUCING VIOLENCE IN COMMUNITIES

<https://nij.gov/funding/Documents/solicitations/NIJ-2017-11571.pdf>

RESEARCH AND EVALUATION ON DRUGS AND CRIME

<https://nij.gov/funding/Documents/solicitations/NIJ-2017-12043.pdf>

RESEARCH AND EVALUATION IN SAFETY, HEALTH, AND WELLNESS IN THE CRIMINAL JUSTICE SYSTEM

<https://nij.gov/funding/Documents/solicitations/NIJ-2017-11481.pdf>

UNDERSTANDING THE IMPACTS OF POLICING STRATEGIES AND PRACTICES

<https://nij.gov/funding/Documents/solicitations/NIJ-2017-11565.pdf>

COMPREHENSIVE SCHOOL SAFETY INITIATIVE

<https://nij.gov/funding/Documents/solicitations/NIJ-2017-11147.pdf>

INVESTIGATOR INITIATED RESEARCH AND EVALUATION ON FIREARMS VIOLENCE

<https://nij.gov/funding/Documents/solicitations/NIJ-2017-11146.pdf>

VIOLENT GANG AND GUN CRIME REDUCTION PROGRAM (PROJECT SAFE NEIGHBORHOODS)

<https://www.bja.gov/Funding/PSN17.pdf>

INNOVATIONS IN MECHANISMS AND INTERVENTIONS TO ADDRESS MENTAL HEALTH IN HIV PREVENTION AND CARE CONTINUUM

<https://grants.nih.gov/grants/guide/pa-files/PA-17-136.html> (R01)

<https://grants.nih.gov/grants/guide/pa-files/PA-17-137.html> (R21)

NATIVE YOUTH INITIATIVE FOR LEADERSHIP, EMPOWERMENT, AND DEVELOPMENT

<http://www.grants.gov/web/grants/view-opportunity.html?oppld=290439>



National Institute  
of Mental Health

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to increase the public's access to science-based mental health information through partnerships with national and state organizations. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partnership-program/index.shtml>. To subscribe to receive the Update every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.