



# UPDATE

September 15, 2016

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*Prepared by the U.S. Department of Health and Human Services,  
National Institutes of Health, National Institute of Mental Health,  
Office of Constituency Relations and Public Liaison*

## **CIRCUITRY FOR FEARFUL FEELINGS, BEHAVIOR UNTANGLED IN ANXIETY DISORDERS; "TWO-SYSTEM" THEORY BRIDGES BASIC/CLINICAL GAP, MAY SPUR TREATMENT ADVANCES**

An “incorrect” assumption that fear and anxiety are mediated in the brain by a single “fear circuit” has stalled progress in developing better treatments for anxiety disorders, argue two leading experts. Designing future research based on a “two-system” framework holds promise for improving treatment outcomes, say Daniel Pine, M.D., a clinical researcher in the National Institute of Mental Health (NIMH) Emotion and Development Branch, and Joseph LeDoux, Ph.D. , a basic scientist and NIMH grantee at New York University. Pine, who conducts brain imaging studies of anxiety disorders in youth, and LeDoux, well-known for discovering circuitry underlying threat processing, offer their “conceptual reframing” September 9, 2016 in the *American Journal of Psychiatry*.

**Press Release:** <http://www.nimh.nih.gov/news/science-news/2016/circuitry-for-fearful-feelings-behavior-untangled-in-anxiety-disorders.shtml>

## **RECRUITMENT BEGINS FOR LANDMARK STUDY OF ADOLESCENT BRAIN DEVELOPMENT; MORE THAN 10,000 CHILDREN WILL PARTICIPATE IN STUDY OF BRAIN, SOCIAL, EMOTIONAL, AND COGNITIVE DEVELOPMENT**

Recruitment for the Adolescent Brain Cognitive Development (ABCD) study, the largest long-term study of brain development and child health in the United States (U.S.), has begun. The landmark study by the National Institutes of Health (NIH) will follow the biological and behavioral development of more than 10,000 children beginning at ages nine to 10 through adolescence into early adulthood. Recruitment will be done over a two-year period through partnerships with public and private schools near research sites across the country as well as through twin registries.

**Press Release:** <https://www.nih.gov/news-events/news-releases/recruitment-begins-landmark-study-adolescent-brain-development>

## **PRESIDENTIAL PROCLAMATION -- WORLD SUICIDE PREVENTION DAY, 2016**

The White House issued a Presidential Proclamation designating September 10, 2016 as World Suicide Prevention Day. World Suicide Prevention Day was a time to join with neighbors across the globe to reaffirm our commitment to preventing suicide.

<https://www.whitehouse.gov/the-press-office/2016/09/10/presidential-proclamation-world-suicide-prevention-day-2016>

## **NIH AWARD EXPANDS LANDMARK ALZHEIMER'S BIOMARKER STUDY**

The Alzheimer's Disease Neuroimaging Initiative (ADNI) — the long-running NIH-supported study investigating brain and fluid biomarkers of the disease — enters a new phase of discovery with the launch of ADNI3. With the recent NIH award of approximately \$40 million over the next five years—coupled with anticipated private sector contributions of \$20 million through the Foundation for the NIH — ADNI3 will use cutting-edge technologies in brain imaging as it recruits hundreds of new volunteers. Expansion of the groundbreaking study, now in its 12th year, will further develop ways to speed clinical trials by providing researchers the biomarkers needed to detect the onset and track the progression of Alzheimer's disease.

**Press Release:** <https://www.nih.gov/news-events/news-releases/nih-award-expands-landmark-alzheimers-biomarker-study>

## **SAMHSA AWARDS UP TO \$54 MILLION FOR THE ASSISTED OUTPATIENT TREATMENT PROGRAM TO HELP ADDRESS THE NEEDS OF PEOPLE WHO HAVE EXPERIENCED SERIOUS MENTAL ILLNESS (SMI)**

The Substance Abuse and Mental Health Services Administration (SAMHSA) has awarded up to a total of \$54 million over the next four years in Assisted Outpatient Treatment (AOT) grants to help address the needs of individuals who have experienced SMI. These grants will support a four-year pilot program intended to implement and evaluate new AOT programs and identify evidence-based practices to reduce the incidence and duration of psychiatric hospitalization, homelessness, incarcerations, and interactions with the criminal justice system. The grants are also designed to improve the health and wellbeing of individuals who have experienced SMI.

**Press Release:** <http://www.samhsa.gov/newsroom/press-announcements/201609091230>

## **NATIONAL REPORT SHOWS LESS UNDERAGE DRINKING AND SMOKING, BUT OVERALL SUBSTANCE USE AND MENTAL ILLNESS LEVELS REMAIN CONSTANT**

Some forms of substance use such as adolescent underage drinking and alcohol use among young adults continued to drop, according to SAMHSA's latest (2015) National Survey on Drug Use and Health (NSDUH) report. Other substance use levels among youth and young adults, including marijuana and heroin use, remained relatively stable over the past few years. The report also finds that mental illness levels among adults aged 26 and older generally remain steady, but there is a slight rise in the levels of major depressive episodes among adolescents and young adults.

**Press Release:** <http://www.samhsa.gov/newsroom/press-announcements/201609080930>

## **HHS AWARDS \$53 MILLION TO HELP ADDRESS OPIOID EPIDEMIC; ADDITIONAL FUNDING NEEDED TO ENSURE ACCESS TO EVIDENCE-BASED TREATMENT**

The U.S. Department of Health and Human Services (HHS) announced \$53 million in funding to 44 States, four tribes, and the District of Columbia to improve access to treatment for opioid use disorders, reduce opioid related deaths, and strengthen drug misuse prevention efforts. In addition, funding will support improved data collection and analysis around opioid misuse and overdose as well as better tracking of fatal and nonfatal opioid-involved overdoses. Administered by SAMHSA and the Centers for Disease Control and Prevention (CDC), the funding supports six programs.

**Press Release:** <http://www.hhs.gov/about/news/2016/08/31/hhs-awards-53-million-to-help-address-opioid-epidemic.html#>

## **SUICIDE PREVENTION MONTH: #BETHERE; VA HIGHLIGHTS INITIATIVES TO PREVENT VETERAN AND SERVICE MEMBER SUICIDE**

To mark Suicide Prevention Month, the Department of Veterans Affairs (VA) is asking for the entire nation's help in reducing Veteran suicide. The VA is calling on community leaders, supervisors, colleagues, friends, and family members to *BeThere* for Veterans and Service members starting with a simple act, which can play a pivotal role in preventing suicide. The campaign also highlights VA resources that are available to support Veterans and Service members who are coping with mental health challenges or are at risk for suicide, and it encourages everyone to share these resources with someone in their life.

**Press Release:** <http://www.va.gov/opa/pressrel/pressrelease.cfm?id=2813>

## **USDA ANNOUNCES INITIATIVE TO PROVIDE TRANSITIONAL HOUSING FOR RURAL AMERICANS IN RECOVERY FROM SUBSTANCE USE DISORDERS**

The U.S. Department of Agriculture (USDA) announced an initiative that will use its rural development resources to help fill the need for transitional housing for people recovering from opioid and other substance use disorders. The initiative includes encouraging the use of USDA Community Facilities financing for transitional housing projects, making vacant USDA housing properties available for lease or sale to qualified non-profits to transform the properties into transitional housing, launching a pilot project to make vacant USDA multifamily rental units available to tenants participating in treatment programs, and releasing a suite of data that will better link existing USDA facilities with treatment service providers across the country.

**Press Release:**

<http://www.usda.gov/wps/portal/usda/usdahome?contentid=2016/08/0186.xml&contentidonly=true>

## NEW FROM NIMH

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### SUICIDE PREVENTION WEBPAGE UPDATED

The NIMH suicide prevention webpage has been updated and now includes a section entitled, *Five Action Steps for Helping Someone in Emotional Pain*. <http://www.nimh.nih.gov/health/topics/suicide-prevention/index.shtml>

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### UPDATED SUICIDE STATISTICS WEBPAGE

The NIMH has updated its online compilation of statistics about suicide. The webpage includes suicide rates, the costs of suicide, and data on suicide as a leading cause of death, suicide method, and suicidal thoughts and behaviors. <http://www.nimh.nih.gov/health/statistics/suicide/index.shtml>

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### BORDERLINE PERSONALITY DISORDER HEALTH TOPICS PAGE

This page explains the causes, symptoms, and treatments for borderline personality disorder as well as how to get help and find clinical trials about this disorder. <http://www.nimh.nih.gov/health/topics/borderline-personality-disorder/index.shtml>

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### OUTREACH CONNECTION: LATEST ISSUE AVAILABLE

The summer issue of the NIMH Outreach Partnership Program e-newsletter is now available. In addition to highlighting how its Outreach and National Partners are sharing NIMH research and resources, the issue features Partner activities at the Program's recent annual meeting.

<https://content.govdelivery.com/accounts/USNIMH/bulletins/1622415>

## NEW FROM NIH

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### NICHD PODCAST: PERSISTENT DELINQUENT BEHAVIOR LINKED TO EARLY LIFE SETBACKS; HISTORY OF LOSS, ABUSE, GRIEF ACCOMPANIED BY DELAYS IN BRAIN DEVELOPMENT

This National Institute of Child Health and Human Development (NICHD) podcast summarizes NIH-funded research that found that youth who had been arrested multiple times all shared a history of numerous, extreme adverse events. These events such as the death of a parent, or being abandoned or abused were accompanied by profound feelings of grief, shock, or feeling emotionally numb. Young people with a history of the two—adverse events and the emotional reaction to them—had differences in the structure of their brains. [https://www.nichd.nih.gov/news/releases/Pages/090116\\_DrLansingPodcast.aspx](https://www.nichd.nih.gov/news/releases/Pages/090116_DrLansingPodcast.aspx)

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#### NIH NEWS IN HEALTH: IDENTIFYING LEARNING PROBLEMS

This NIH article provides an overview of learning disabilities, including signs, diagnosis, and interventions to help children succeed. <https://newsinhealth.nih.gov/issue/sep2016/Feature1>

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#### NIDA DIRECTOR'S BLOG: RESPONSIBLY AND SENSITIVELY ADDRESSING CHRONIC PAIN AMID AN OPIOID CRISIS

National Institute on Drug Abuse (NIDA) Director Nora Volkow blogs about the U.S. Surgeon General Vivek Murthy's *Turn the Tide* campaign, which seeks help from health care practitioners and public health leaders to address the prescription opioid crisis. Dr. Murthy called on physicians to educate themselves in appropriate prescribing of opioids, to screen patients for opioid use disorders, and to refer them to treatment if necessary, and to set the right example in talking about addiction as a medical illness and not a moral failing. <https://www.drugabuse.gov/about-nida/noras-blog/2016/09/responsibly-sensitively-addressing-chronic-pain-amid-opioid-crisis>

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#### NIDA NOTES: REGULAR MARIJUANA USE IS ASSOCIATED WITH DIFFERENCES IN BRAIN GRAY MATTER AND CONNECTIVITY

A NIDA-funded brain imaging study has shown that regular users of marijuana have less gray matter than nonusers of the drug in the orbitofrontal cortex, a brain region that contributes to impulse control, decision-making, and learning. Such a deficit could make it more difficult to change counterproductive behaviors, including drug use. <https://www.drugabuse.gov/news-events/nida-notes/2016/09/regular-marijuana-use-associated-differences-in-brain-gray-matter-connectivity>

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#### OBSSR BLOG: UNDERSTANDING THE CROSS-NATIONAL DISPARITY IN DEPRESSION: A COMPARISON OF CHINA AND RUSSIA

This NIH Office of Behavioral and Social Sciences Research (OBSSR) blog post explores why people report better mental health in some countries than in others. It summarizes the results of a study comparing depression in two post-market transition countries, China and Russia, and examining the extent to which economic security, social cohesion, and cultural difference in health-rating style explain the depression disparity observed between the countries. <https://obssr.od.nih.gov/understanding-the-cross-national-disparity-in-depression-a-comparison-of-china-and-russia/>

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#### OBSSR BLOG: STRESS, DEPRESSION, AND THE ROLE OF UNHEALTHY BEHAVIORS AMONG MINORITY OLDER ADULTS

This NIH OBSSR blog post summarizes a recent study investigating whether unhealthy behaviors modified the effect of chronic stress on subsequent depression among Latinos, African Americans, and Whites. <https://obssr.od.nih.gov/stress-depression-and-the-role-of-unhealthy-behaviors-among-minority-older-adults/>

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## NEW BLOG ON MINORITY HEALTH AND HEALTH DISPARITIES RESEARCH

At the one-year anniversary of his appointment as director of the National Institute of Minority Health and Health Disparities (NIMHD), Dr. Eliseo J. Pérez-Stable welcomes the public to the Institute's new blog, *NIMHD Insights*. Check out his first blog post exploring what minority health and health disparities means in scientific research. <http://nimhd.blogs.govdelivery.com/2016/09/09/welcome-to-nimhd-insights-the-new-nimhd-blog/>

## NEW FROM SAMHSA

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### PRESCRIPTION DRUG USE AND MISUSE IN THE U.S.

This new report features comprehensive information on prescription psychotherapeutic medications, including tranquilizers, stimulants, sedatives, and pain relievers. This report contains information on the total number of people using these medications based on questions on any use and misuse. It also provides insight into several important issues such as why people misuse these medications and how misuse may be associated with other forms of substance use and/or mental health issues.

<http://www.samhsa.gov/data/sites/default/files/NSDUH-FFR2-2015/NSDUH-FFR2-2015.htm>

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### ARCHIVED VIRTUAL CONFERENCE: THE PREVALENCE OF TRAUMA IN FAMILIES AND COMMUNITY

This SAMHSA Addiction Technology Transfer Center network virtual conference webinar began with a presentation on understanding that trauma is the expectation, rather than the exception in families and communities referred for behavioral health care services. The conference included three presentations addressing the prevalence of trauma in women and children, trauma-informed treatment for men with substance use disorders, and the prevalence of trauma in Veterans. <http://www.attcnetwork.org/regional-centers/content.aspx?rc=greatlakes&content=DISTCUSTOM2>

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### PRACTICING RECOVERY: PROMOTING RECOVERY DURING CRISIS

This issue of *Practicing Recovery* looks at how psychiatric advance directives can create communication bridges between helping professionals and individuals experiencing what may be their most vulnerable moments. [http://ahpnet.com/Internal/RTP\\_AMS\\_9\\_8\\_16](http://ahpnet.com/Internal/RTP_AMS_9_8_16)

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### NATURAL AND TECHNOLOGICAL DISASTERS: IMPACT ON CHILDREN AND FAMILIES

This National Child Traumatic Stress Network (NCTSN) policy brief provides policymakers and other stakeholders with an overview of natural and technological disasters and their relationship to child trauma. The policy brief also offers policy-relevant, child trauma-focused recommendations to assist policymakers in their response to natural and technological disasters.

[http://www.nctsn.org/sites/default/files/assets/pdfs/productpolicy\\_disasters.pdf](http://www.nctsn.org/sites/default/files/assets/pdfs/productpolicy_disasters.pdf)

## NEW FROM CDC

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### PREVENTING SUICIDE THROUGH A COMPREHENSIVE PUBLIC HEALTH APPROACH

This report based on a CDC grand rounds presentation outlines ways a public health suicide prevention approach adds a complementary, wider, and prevention-oriented focus that increases attention to the many factors across the lifespan that contribute to circumstances that promote suicidal thinking and suicide attempts. This approach offers opportunities to foster protective factors throughout a person's life, supporting ongoing prevention well before the prospect of suicide is imminent. Public health approaches, in contrast to clinical service delivery, can reach more individuals and address many of the community level factors that increase the potential for suicide, other forms of violence, and other health risk behaviors.

<http://www.cdc.gov/mmwr/volumes/65/wr/mm6534a2.htm>

### QUICKSTATS: PERCENTAGES OF RESIDENTIAL CARE COMMUNITIES AND ADULT DAY SERVICES CENTERS THAT PROVIDED SELECTED SERVICES — U.S., 2014

This table shows the percentage of residential care communities and adult day service centers that provide selected service, including mental health services and social work services.

<http://www.cdc.gov/mmwr/volumes/65/wr/mm6535a6.htm>

### NATIONAL ESTIMATES OF MARIJUANA USE AND RELATED INDICATORS

Marijuana is the most commonly used illicit drug in the U.S. In 2013, 7.5 percent of the U.S. population aged 12 years or older reported using marijuana during the preceding month. Because of certain state level policies that have legalized marijuana for medical or recreational use, population-based data on marijuana use and other related indicators are needed to help monitor behavioral health changes. This report describes national trends for prevalence of marijuana use; initiation; perception of harm risk, approval, and attitudes; perception of availability and mode of acquisition; dependence and abuse; and perception of legal penalty for marijuana possession. <http://www.cdc.gov/mmwr/volumes/65/ss/ss6511a1.htm>

### AGENCY FOR HEALTHCARE RESEARCH AND QUALITY (AHRQ): CHART BOOK ON EFFECTIVE TREATMENT: NATIONAL HEALTHCARE QUALITY AND DISPARITIES REPORT

This resource provides updated information about national efforts to improve prevention and treatment of eight health conditions that are leading causes of mortality and morbidity: cardiovascular disease, cancer, chronic kidney disease, diabetes, HIV and AIDS, mental health and substance use disorders, musculoskeletal diseases, and respiratory diseases

<http://www.ahrq.gov/research/findings/nhqrdr/chartbooks/effectivetreatment/index.html>



## NEW AHRQ PUBLICATIONS SUMMARIZE EVIDENCE ON TREATMENTS FOR TWO MENTAL HEALTH DISORDERS

New evidence-based publications from AHRQ can help clinicians, patients, and their families make informed decisions about treating major depressive disorder and disruptive behavior disorders in children and adolescents.

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### NONPHARMACOLOGICAL VERSUS PHARMACOLOGICAL TREATMENT FOR PATIENTS WITH MAJOR DEPRESSIVE DISORDER: CURRENT STATE OF THE EVIDENCE

This clinician publication based on a systematic review found that cognitive behavioral therapy (CBT) is as effective as second-generation antidepressants in relieving symptoms of mild to severe major depressive disorder. Second-generation antidepressants generally lead to a higher risk of adverse events, including nausea, vomiting, diarrhea, fatigue, headache, insomnia, and weight gain, when compared with CBT.

<https://www.effectivehealthcare.ahrq.gov/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=2303>

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### COMPARING TALK THERAPY AND OTHER DEPRESSION TREATMENTS WITH ANTIDEPRESSANT MEDICINES: A REVIEW OF THE RESEARCH FOR ADULTS

A plain-language companion publication to the clinician publication on non-pharmacological versus pharmacological treatment for patients with depression is available for consumers.

<http://www.effectivehealthcare.ahrq.gov/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=2302>

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### PSYCHOSOCIAL AND PHARMACOLOGIC INTERVENTIONS FOR DISRUPTIVE BEHAVIOR DISORDERS IN CHILDREN AND ADOLESCENTS: CURRENT STATE OF THE EVIDENCE

This clinician publication based on an evidence review found that psychosocial interventions improved disruptive behaviors in children. Programs that include parent involvement more effectively reduced disruptive behaviors compared with interventions that included only a child component, or compared with control interventions. Very few studies support the effectiveness of medications for children with disruptive disorders, but small studies of antipsychotics and stimulants report positive effects in the very short-term.

<https://www.effectivehealthcare.ahrq.gov/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=2289>

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### TREATING DISRUPTIVE BEHAVIOR DISORDERS IN CHILDREN AND TEENS

A companion publication to the clinician guide, *Psychosocial and Pharmacologic Interventions for Disruptive Behavior Disorders in Children and Adolescents*, is available for parents and caregivers.

<https://www.effectivehealthcare.ahrq.gov/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productID=2288>

## NEW FROM HHS

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### BACK TO SCHOOL WITH STOPBULLYING.GOV

This blog post describes resources from the Stopbullying.gov website for kids, parents, educators, and community members. <http://www.stopbullying.gov/blog/2016/09/08/back-school-stopbullyinggov>

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### HIGHLIGHTING BULLYING PREVENTION EFFORTS FOR THE ASIAN AMERICAN AND PACIFIC ISLANDER COMMUNITY

Every day, kids of all ages experience bullying in schools across the country. In the Asian American and Pacific Islander (AAPI) community, this problem is often compounded by cultural, religious, and linguistic barriers that can make it harder for AAPI youth to seek and receive help. Anecdotal evidence has shown that certain AAPI groups – including South Asian, Muslim, Sikh, Micronesian, LGBT, immigrant, and limited English proficient youth – are more likely to be the targets of bullying. This blog post describes activities of the federal interagency AAPI Bullying Prevention Task Force, including a report highlighting the experiences of AAPI students facing bullying around the country.

<http://www.stopbullying.gov/blog/2016/09/13/highlighting-bullying-prevention-efforts-asian-american-and-pacific-islander-community>

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### SPOTLIGHT ON DOMESTIC VIOLENCE

Exposure to violence in the home can contribute to behavioral, social, or emotional problems in children. Some families may also experience the co-occurrence of domestic/intimate partner violence and child maltreatment. This month's Administration on Families and Children Children's Bureau Express e-newsletter features resources to help professionals better serve children and families in domestic violence situations.

<https://cbexpress.acf.hhs.gov/index.cfm?event=website.viewSection&issueID=180&subsectionID=71>

### OJJDP AT A GLANCE: VIOLENCE PREVENTION EFFORTS

The recent issue of the Office of Juvenile Justice and Delinquency Prevention (OJJDP) newsletter highlights the Office's youth violence prevention efforts and how the Office is responding to the needs of lesbian, gay, bisexual, transgender, questioning/queer, intersex, or gender nonconforming youth.

<http://www.ojjdp.gov/newsletter/250148/index.html>

### REAL WARRIORS: A PROVIDER'S GUIDE FOR USING THE REAL WARRIORS CAMPAIGN

This article highlights Real Warriors campaign resources that health care providers can use while supporting Service members and Veterans who are seeking care for psychological health concerns.

<http://www.realwarriors.net/healthprofessionals/tools/using-real-warriors-campaign.php>

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### HEALTH OBSERVANCE: SUICIDE PREVENTION MONTH

SEPTEMBER 2016

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This annual observance is dedicated to increasing awareness of and action around suicide prevention. World Suicide Prevention Day (September 10, 2016) and National Suicide Prevention Week (September 5-11, 2016) represent opportunities for individuals and organizations in the U.S. and around the world to take part in efforts to save lives through suicide prevention and mental health promotion. SAMHSA's Suicide Prevention Resource Center has put together a list of ideas for action to help everyone get involved.

<http://www.sprc.org/sites/default/files/resource-program/Suicide%20Prevention%20Month%20Ideas%20for%20Action%20September%202016.pdf>

### HEALTH OBSERVANCE: RECOVERY MONTH

SEPTEMBER 2016

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Every September, SAMHSA sponsors Recovery Month to increase awareness and understanding of mental and substance use disorders, and to celebrate the people who recover. <https://recoverymonth.gov/>

### HEALTH OBSERVANCE: NATIONAL PREPAREDNESS MONTH

SEPTEMBER 2016

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In support of National Preparedness Month—sponsored by the U.S. Department of Homeland Security to honor its *Ready Campaign*—the NCTSN is offering disaster preparedness resources to enhance the nation's capacity to prepare for and respond to terrorism, mass violence, and disasters. This year's theme is "Don't Wait, Communicate. Make Your Emergency Plan Today." <http://nctsn.org/resources/public-awareness/national-preparedness-month>

## **WEBINAR: UNDERSTANDING TRAUMA IN THE CONTEXT OF JUVENILE JUSTICE SYSTEMS**

SEPTEMBER 16, 2016, 3:30-4:30 PM ET

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The National Center for Mental Health and Juvenile Justice, in partnership with OJJDP, will present this webinar on trauma in juvenile justice systems. This webinar will define trauma and traumatic stress reactions, identify how routine juvenile justice practices can function as triggers for youth, provide real-life examples of youth behavior resulting from experiences of trauma, and offer strategies for the juvenile justice system to address traumatic stress reactions.

<http://www.ojjdp.gov/events/EventDetail.asp?ei=26027&p=list>

## **LIVE CHAT: TWITTER CHAT ON YOGA FOR HEALTH AND WELL-BEING**

SEPTEMBER 18, 2016, 9:00 PM ET

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Over the years, yoga has grown in popularity among adults and children. But what does the science say about this mind and body approach? The National Center for Complementary and Integrative Health is hosting a Twitter chat to talk about this practice for health and well-being. The chat will address what the science says about yoga as well as answer questions on the topic.

<https://nccih.nih.gov/news/events/livechat>

## **WEBINAR: USING MEDICAID TO SUPPORT TRAUMA SERVICES IN SCHOOLS**

SEPTEMBER 19, 2016, 3:00-4:00 PM ET

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This OJJDP webinar will highlight flexibilities available to states for providing and funding trauma services in schools through Medicaid. Participants will learn how Medicaid can support trauma screening and evidence-based trauma interventions, and how schools can use Medicaid funding to provide these services to students in need. <http://www.ojjdp.gov/enews/16juvjust/160907.html>

## **WEBINAR: TECHNICAL ASSISTANCE: FOUNDATIONS OF GRANT WRITING**

SEPTEMBER 19, 2016, 4:00 PM ET

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The HHS Office of Minority Health is presenting this introductory webinar for community-based organizations that want to respond to federal funding announcements. It will cover the basics from how to register in the System for Award Management (SAM) to the key sections in funding announcements and successful strategies for responding. <https://attendee.gotowebinar.com/register/3979751982794763010>

## **WEBINAR: ENCOURAGING HEALTH, HOUSING, TRANSPORTATION, AND SOCIAL SERVICE PARTNERSHIPS: SUCCESSFUL STRATEGIES TO EXPAND CHRONIC DISEASE SELF-MANAGEMENT EDUCATION PROGRAMS**

SEPTEMBER 20, 2016, 2:00-3:30 PM ET

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The Administration for Community Living, Health Resources and Services Administration (HRSA), Department of Housing and Urban Development, and Department of Transportation are working together on an interagency initiative focused on livable communities for underserved populations. This webinar will highlight their efforts to reach underserved populations by encouraging health, housing, transportation, and social service partnerships.

<https://cc.readytalk.com/registration/#/?meeting=7x68i3gotv5e&campaign=6nmwnjniy2>

## **THUNDERCLAP: #BETHE1TO HELP STOP SUICIDE EARLY**

SEPTEMBER 22, 2016, 12:00 PM ET

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For Suicide Prevention Awareness Month, join CDC and partners to spread the message that we can all stop suicide—before it happens—by working together. Sign up on Thunderclap to share a message and resources on Facebook or Twitter. This one-time message will automatically post from your account on September 22 at noon EDT. <https://www.thunderclap.it/projects/46352-bethe1to-help-prevent-suicide?locale=en>

## **WEBINAR: POLICY ISSUES IN IMPLEMENTING TRAUMA-INFORMED SCHOOLS**

SEPTEMBER 22, 2016, 12:00-1:00 PM ET

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In this NCTSN webinar, experts will explore policy challenges and lessons learned in promoting and supporting trauma-informed schools. Speakers will share key NCTSN resources related to the development and implementation of trauma-informed schools; discuss the relationship between practice and policy in the sustainability of trauma-informed school models; and share examples and insights gained from the creation and implementation of a trauma-informed school in Los Angeles, California. <http://learn.nctsn.org/>

## WEBINAR: TRIBAL YOUTH SUICIDE PREVENTION: CURRENT PERSPECTIVES

SEPTEMBER 22, 2016, 1:00-2:30 PM ET

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This HRSA webinar is designed to build knowledge of suicide and prevention activities in Indian Country, and increase competency to address this problem. Presenters will provide up-to-date information on suicide prevention activities to include best practices and innovative strategies. An overview of suicide and prevention efforts in Indian Country will set the stage, and information on culturally-relevant prevention, treatment, and rehabilitation activities will be discussed as well as current efforts to address suicide prevention for Native Americans/Alaska Natives. In addition, the White Mountain Apache Tribe Suicide Surveillance System will be described to include how surveillance findings are incorporated into current suicide prevention strategies for this population. Lastly, *We R Native*, a multimedia health resource for Native teens and young adults, will be highlighted with a focus on suicide prevention via social media. <http://www.hrsa.gov/about/organization/bureaus/oro/events.html>

## WEBINAR: PROMOTING HEALTH EQUITY THROUGH PROGRAMS AND POLICIES

SEPTEMBER 22, 2016, 3:00-4:00 PM ET

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Public policies within and outside the health sector have a significant impact on population health and health inequities. Given its role in ensuring population health and eliminating health inequities, the Washington State Department of Health initiated efforts to apply a health equity lens to proposed state legislation. This Federal Interagency Health Equity Team webinar will discuss how the Department used policy and administrative levers to make this change. Presenters will describe components of a “health equity lens” used to analyze proposed state legislation; articulate opportunities and challenges to applying a “health equity lens;” and share examples of training and resource materials. <https://event.on24.com/eventRegistration/EventLobbyServlet?target=registration.jsp&eventid=781550&sessionid=1&key=AF52CA2714D3C5FCC3AFD8F494EEA6D5&sourcepage=register>

## WEBINAR: DOES TRAUMA-FOCUSED TREATMENT MAKE PTSD SYMPTOMS WORSE? EXAMINING SYMPTOM EXACERBATIONS AND OUTCOMES IN TWO CLINICAL SAMPLES

SEPTEMBER 26, 2016, 1:00-2:00 PM ET

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This VA presentation will describe the frequency of symptom exacerbations in trauma-focused treatments in two trials of Cognitive Processing Therapy (CPT) and Prolonged Exposure in a female patient population, and in a national study of CPT delivery in VA Canada Operational Stress Injury and community-based settings in Canada. The presentation also will address whether these exacerbations are linked to any lasting harm. <https://attendee.gotowebinar.com/register/8424760834253187332>

## **WEBINAR: ARE YOU CONCERNED ABOUT YOUR CHILD'S IRRITABILITY?**

SEPTEMBER 29, 2016, 12:00-1:00 PM ET

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Join this webinar to learn about severe irritability and disruptive mood dysregulation in children and youth with Kenneth Towbin, M.D., Chief of Clinical Child and Adolescent Psychiatry in the NIMH Emotion and Development Branch. Dr. Towbin will discuss common signs and severity of symptoms, how parents can help a child with severe irritability, what treatment options exist, and ongoing research about irritable children conducted at NIMH in Bethesda, MD. This webinar is free and open to the public.

<https://kidswithirritabilitywebinar.eventbrite.com>

## **WORKSHOP: TRANSCRANIAL ELECTRICAL STIMULATION: MECHANISMS, TECHNOLOGY, AND THERAPEUTIC APPLICATIONS (AVAILABLE VIA WEBINAR)**

SEPTEMBER 29-30, 2016, BETHESDA, MD

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This NIMH workshop aims to critically assess the use and potential of noninvasive neuromodulation techniques—specifically Transcranial Direct Stimulation (tDCS), Transcranial Alternating Current Stimulation (tACS), and Transcranial Random Noise Stimulation (tRNS)—and identify research needs for optimizing protocols and further developing therapeutic applications. This workshop is free and open to the public online via WebEx. For the preliminary agenda and WebEx information, please visit the registration webpage.

<https://www.eventbrite.com/e/transcranial-electrical-stimulation-tickets-27030688517>

## **WEBINAR: PSYCHIATRIC ADVANCE DIRECTIVES**

OCTOBER 4, 2016, 1:00-2:00 PM ET

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This SAMHSA Recovery to Practice webinar will examine how individuals are using advance directives within behavioral health care settings, how practitioners can support people using services to create and use advance directives, and the role the process can play in recovery-oriented services. [https://events-na2.adobeconnect.com/content/connect/c1/916603251/en/events/event/shared/982601258/event\\_registration.html?sco-id=982593822](https://events-na2.adobeconnect.com/content/connect/c1/916603251/en/events/event/shared/982601258/event_registration.html?sco-id=982593822)

## **WEBINAR: UPS AND DOWNS: TRENDS IN RURAL CHILDREN'S ACCESS TO CARE**

OCTOBER 13, 2016, 1:00-2:00 PM ET

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This HRSA webinar will present findings from a study based on the National Survey of Children's Health. For many groups of rural children, access to care rose between 2003 and 2007, but dipped slightly in 2011 and 2012. The webinar is free, no registration is required, but participation is limited to the first 200 to log-on that day. An archive of the recording will be available on the HRSA Rural Health Research Gateway website. <https://www.ruralhealthresearch.org/webinars/rural-childrens-access-to-care>

## **WEBINAR: TRANS\* HEALTH 201: A DEEPER DIVE INTO PROVIDING CULTURALLY APPROPRIATE CARE FROM PATIENT AND PROVIDER PERSPECTIVES**

OCTOBER 17, 2016, 1:00-2:30 PM ET

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This HRSA webinar will discuss the health care needs of the trans\* community from both the patient and provider perspectives. Presenters will highlight the special obstacles faced by trans\* patients within the health care setting, opportunities to improve cultural competency within health care organizations, and best practices to integrate trans\* friendly care into the primary care setting. The target audience includes HRSA grantees, health care providers, public health officials, and advocates wanting to improve competency in regards to serving the needs of trans\* patients in their practices. Free registration in advance is required and space is limited. <https://hrsaseminar.adobeconnect.com/trans201/event/registration.html>

## **SYMPOSIUM: CELEBRATION OF 60 YEARS OF BEHAVIORAL AND COGNITIVE NEUROSCIENCE IN THE LABORATORY OF NEUROPSYCHOLOGY**

OCTOBER 20-21, 2016, BETHESDA, MD

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This NIMH symposium will integrate the advances made over the last 60 years in the understanding of the neurobiology of memory, perception, and action. Speakers will share insights from studies of nonhuman primates, humans, and rats using lesions, electrophysiology, imaging, and related techniques. Talks will focus on how these advances led to current scientific understanding, and how that trajectory points the way toward new research questions that will drive the field forward. <http://www.nimh.nih.gov/research-priorities/scientific-meetings/announcements/celebration-of-60-years-of-behavioral-and-cognitive-neuroscience-in-laboratory-of-neuropsychology/index.shtml>



## CALLS FOR PUBLIC INPUT

### COMMENTS SOUGHT FOR AHRQ EFFECTIVE HEALTH CARE PROGRAM REPORT

The Agency for Healthcare Research and Quality's Effective Health Care Program encourages the public to participate in the development of its research projects. The Program uses these comments to help focus its research, and ensure that the final comparative effectiveness reviews answer the most important questions that clinicians, patients, consumers, and policymakers have about a given treatment, test, or procedure. The Program is currently seeking comments for:

MEDICAL THERAPIES FOR CHILDREN WITH AUTISM SPECTRUM DISORDER—AN UPDATE  
(COMMENTS ACCEPTED THROUGH OCTOBER 3, 2016)

<https://www.effectivehealthcare.ahrq.gov/research-available-for-comment/comment-draft-reports/?pageaction=displaydraftcommentform&topicid=659&productid=2297&documenttype=draftReport>

INTERVENTIONS TARGETING SENSORY CHALLENGES IN CHILDREN WITH AUTISM SPECTRUM DISORDER—AN UPDATE (COMMENTS ACCEPTED THROUGH OCTOBER 3, 2016)

<https://www.effectivehealthcare.ahrq.gov/research-available-for-comment/comment-draft-reports/?pageaction=displaydraftcommentform&topicid=660&productid=2298&documenttype=draftReport>

## FUNDING INFORMATION

FISCAL YEAR 2016 DRUG-FREE COMMUNITIES SUPPORT PROGRAM

<https://www.whitehouse.gov/ondcp/Drug-Free-Communities-Support-Program>

HEALTH PROMOTION AMONG RACIAL AND ETHNIC MINORITY MALES

<http://grants.nih.gov/grants/guide/pa-files/PA-16-428.html> (R01)

<http://grants.nih.gov/grants/guide/pa-files/PA-16-432.html> (R21)

NATIONAL LIBRARY OF MEDICINE INFORMATION RESOURCE GRANTS TO REDUCE HEALTH DISPARITIES

<http://grants.nih.gov/grants/guide/rfa-files/RFA-LM-17-002.html>



National Institute  
of Mental Health

The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to increase the public's access to science-based mental health information through partnerships with national and state organizations. For more information about the program please visit: <http://www.nimh.nih.gov/outreach/partnership-program/index.shtml>. To subscribe to receive the Update every two weeks, go to: <http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml>.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.