

NAMI Vermont Board Meeting Minutes

September 10, 2016 – 10-2 p.m.
NAMI Office, 600 Blair Park , Williston, VT

Attending	Board Members	Attending	Board Members
x	Ann Moore, President and Chair	excused	Judy Siler, Second Vice President
x	Michelle Bos-Lun, Secretary	x	Chip Siler
x	Katy Crane	excused	Sandra Steingard, M.D.
x	Ann Cummins, Treasurer		Staff, Guests
excused	Jude Demers	x	Laurie Emerson, Executive Director
x	Betty Keller, M.D.	x	Phil Blackburn
excused	Mary Kirkpatrick	x	Patti Bauerle
excused	Sara Moran	x	Carolyn Brusetti and Richard Brusetti
excused	Clare Munat, Emerita	x	Ward Nial
x	Candace Neary		

Meeting Agenda/Minutes:

- **Welcome and Introductions**

- **Approval of Board Meeting Minutes - June 25, 2016:**

https://docs.google.com/a/namivt.org/document/d/1tffALQ0fzmIUxiBMFsQ0SIR6dVxgONihAZOrE_Jol6w/edit?usp=sharing

- **MOTION:** Betty made motion to approve. Seconded by Ann Cummins. All in favor.

- Approve Slate of Board Candidates (Betty)

- <https://drive.google.com/file/d/0B41DKdSCqYp7cDc5U1RhYS1xUzQ/view?usp=sharing>
- **MOTION:** Candace made motion to approve. Seconded by Katy. All in favor.

- Approve new Committee Members

- Ward Nial and Jude Demers for Advocacy Committee
- **MOTION:** Betty made motion to approve. Seconded by Katy. All in favor.

- Reports

- Executive Director/Staff Reports (Laurie)
 - Phil interested in being trained to teach MIR
 - A work group will be created to develop ideas about a video to be used for promotional purposes
- <https://docs.google.com/a/namivt.org/document/d/1EBF8LEcl9qRy-INXJUHgpOxkKHRYFil1CFLdN1MrscY/edit?usp=sharing>
- President's report on Convention and walk progress
 - Ann has list of prospective speakers for our annual conference for next year
- The VT WALK: all board members are encouraged to send out emails to solicit support for the walk, there is a VT Digger article which would be good to include in a link with such emails

- Ann suggests that a WALK COMMITTEE be formed and run year round to support staff working on the walk.
- Treasurer's Report and Finance Committee (Ann C.) Please read: <https://docs.google.com/a/namivt.org/document/d/1M2ziCHd5K4PTK1PpWFMh8BKGhXEid6lyGWu4tKMrelY/edit?usp=sharing>
- See Snapshot of assets here: <https://docs.google.com/a/namivt.org/spreadsheets/d/1whbEKEb9odgxvVELN1YRCYe0Df1zcrSFcczvT1FKp8g/edit?usp=sharing>
- Governance Committee (Mary)
 - https://docs.google.com/a/namivt.org/document/d/1mybdONh6EEkzIOsoSyysz8613_KdoCu0JyrKCeNVJA8/edit?usp=sharing
 - Governance will form Bylaws questions for membership that will go out with the Annual Meeting mailing on Oct. 1st.
- Advocacy Committee (Katy)
 - Draft of priorities will be finalized soon for Board approval at the Oct. 15th meeting. Priorities will be shared on NAMI VT Website.
- Outreach Committee:
 - needs support, only one person showed up to the last meeting
 - Betty suggested trying to have an online format where people can communicate at various times and respond to posts, (with multiple notifications).
- Annual Meeting plans (Laurie/Ann M)
 - Nov. 5 at Waterbury State Office Complete 10-2 pm. Participants must pre-register and bring photo ID, security is tight in the building.

5) Mission/Vision/Values

- a) Review mission statement.
- b) It is important that we define Vision and Values.

Mission statement approved: NAMI Vermont supports, educates and advocates so that all communities, families, and individuals affected by mental illness **or mental health challenges** can build better lives.
 MOTION: *Michelle made motion to change wording to the above statement and Chip seconded, all in favor*

Vision statement approved: A world where Vermonters affected by mental illness or mental health challenges have the care, support and knowledge that they need.

MOTION: *Michelle made motion to change wording to the above statement and Chip seconded, all in favor*

Values:

MOTION: *Betty made motion and Chip made a friendly amendment **to the list of values (not descriptions)**; to remove the word education and replace it with empowerment, remove advocacy driven and change resiliency to resilience, and adding Inclusion as a value. Katy seconded. All in favor. Wording for inclusion to be determined by staff at a later time.*

- c) <https://docs.google.com/document/d/1kf8r3-z9oHYYsl3RCgB5qsfqQEFwoXCJkM898jY7xNQ/edit?usp=sharing>

6) Upcoming Board Dates

ACTION: Board to send notification if these dates work or not.

1. October 15 - conference call - 9-11 a.m.

2. November 5 - in person - Annual Meeting approve officers (Waterbury, VT DMH facility)
 3. Dec. 10 - in person - google docs training, orientation, approve advocacy priorities
 4. Feb 4, 2017 - conference call - 9-11 a.m.
 5. April 8, 2017 - in person
 6. June 24, 2017 - in person - approve budget
- 7) Next meeting: Conference Call
- October 15 - 9-11 a.m.
 - Other business: Ann Cummins proposed that we consider sending someone beside just the ED and board president as the two representatives of NAMI VT **to the NAMI National Convention in Washington DC in the Summer of 2017**. To be discussed at a future date.

Important Dates

- Mind Walk - Sunday, Sept. 25, City Hall Park in Burlington, www.namivt.org/walk
- Board members all got on the walk web site and got over 7 teams signed up at the June 25th Board Meeting.
- Annual Meeting - Saturday, Nov. 5, (NEED TO PREREGISTER) Will be in Waterbury
- Mental Health Advocacy Day will be January 31, 2017

MOTION to adjourn: Candace made motion to adjourn. Seconded by Betty. All in favor. Meeting adjourned at 2:00 p.m.