

NAMI Vermont Board Meeting Minutes

October 15, 2016 – 9-11 a.m.

Conference Call - Line A

Toll Line: 530-881-1212 - Toll Free Line: 855-212-0212

Meeting ID: 394-252-448 #

Attending	Board Members	Attending	Board Members
x	Ann Moore, President and Chair	x	Judy Siler, Second Vice President
excused	Michelle Bos-Lun, Secretary	x	Chip Siler
excused	Katy Crane	x	Sandra Steingard, M.D.
x	Ann Cummins, Treasurer		Staff, Guests
x	Jude Demers	x	Laurie Emerson, Executive Director
x	Betty Keller, M.D.	x	Phil Blackburn
x	Mary Kirkpatrick	x	Ward Nial
x	Sara Moran	Not available	Clare Munat, Emerita
x	Candace Neary		

Meeting Agenda:

1. Welcome and Introductions

- a. Conference call - meeting in office were: Ann M., Mary, Sara, and Laurie

2. Approval of Board Meeting Minutes - Sept. 10, 2015:

- a. <https://docs.google.com/document/d/1nhbVjArA4jklimsus9uuNHcBWaG2bRT9sYswDSD6BQ8/edit?usp=sharing>
- b. **MOTION:** Jude Demers made motion to approve the minutes. Seconded by Candace. All in favor. Mary, Judy and Sara abstain.

3. Approve Advocacy Priorities

- a. https://docs.google.com/document/d/18qb0TQtd6uflayEoOE1g_Y5tvU436tqSai3DTF2FcPw/edit?usp=sharing
- b. Discussion and Laurie reviewed Priorities. Pointed out this is on the website and it makes it clear these are our Advocacy Priorities not the mission of NAMI to accomplish.
- c. **MOTION:** Betty made motion to approve. Seconded by Mary. All in favor.

4. Phil Blackburn - New Advocacy Committee Member

- a. **MOTION:** Ann Moore made motion to accept Phil Blackburn to the Advocacy Committee. Seconded by Sara Moran. All in favor.

5. Review/Approve - Descriptions of Values

- a. <https://docs.google.com/document/d/1kf8r3-z9oHYYSI3RCgB5qsfqQEFwoXCjKM898jY7xNQ/edit?usp=sharing>

- b. The Board reviewed and accepted descriptions on five values after discussion. Work will continue in meeting on Monday at noon at Governance Committee. This is a work in progress. It is still a draft. Comments can be made over the weekend.
- c. **MOTION:** No motion made to approve at this time.

6. Reports

- a. President: Update on Sept. 2016 Walk
 - i. <https://docs.google.com/spreadsheets/d/11ykKhdvYlwy7JXd3Q5XM-mFuOLIQvBhson-Y5blLXI0/edit?usp=sharing>
 - ii. Special thanks to all the Board Members and others who helped at the Walk
 - iii. Shout out to Sara for her team success. She shared her thoughts on her success. Thanked her church for their support. Laurie has made a presentation to this church in the past.
 - iv. Additionally recognized, Southern Vermont, Mary Kirkpatrick's Team, Rutland, Me2, St Michaels and more.
 - v. We are \$10,000 over goal.
- b. President: Future fundraising (meeting with Dori Ingalls)
 - i. Dori Ingalls started a marathon in the Mad River Valley and gets 1200 runners. In the top ten events for the summer in VT. She wants to add a walk as part of this huge event for mental health. Steve Carpinian had a documentary done about him by Dori's husband who is a videographer. He suffered from a mental illness and died by suicide and as a result she is adding this walk. She allows non-profits to use crowd rise to raise money. Hannah's House was created in Mad River after a young woman died by suicide and services were not available in Mad River. They raised \$50,000 via the marathon. Dori has offered NAMI a spot in the fundraising. Step by Step for Mental Health is the name Dori wants to use for the walk and NAMI would be one of the teams. This is the only walk in Mad River. Other areas have multiple walks. Multiple questions and would like to pursue more information about marathons and how the fundraising might work.
- c. Finance Report: NAMI Vermont received \$13,000 in interest from VCF from previous years. Finance Committee recommends to reinvest to a long term investment with additional \$2000 for total of \$15,000. A mutual fund is suggested because in the past the interest was rolled back into the account.
 - i. **MOTION:** Mary made motion to approve reinvestment of this money. Seconded by Betty. Vote taken and passed unanimous.
- d. Discussion about commentary in Counterpoint and Ann C. report on VPS annual meeting.
- e. Brief discussion on wrong way driver tragedy in Vermont.
- f. Update on Annual Meeting. Please go to the website to register.

7. Other Business

- a. Newsletter - did not get to this item
 - i. What are the objectives? Intended audience. Content to share

8. Upcoming Board Dates

- i. **ACTION: Board to send notification if these dates work or not.**
- b. November 5 - in person - Annual Meeting approve officers (Waterbury, VT DMH facility)
- c. Dec. 10 - in person - google docs training, orientation, approve advocacy priorities
- d. Feb 4, 2017 - conference call - 9-11 a.m.
- e. April 8, 2017 - in person
- f. June 24, 2017 - in person - approve budget

g. Sept. 9, 2017 - in person - approve slate of candidates and approve advocacy priorities

Important Dates

- Annual Meeting - Saturday, Nov. 5, (NEED TO PREREGISTER) Will be in Waterbury
- Mental Health Advocacy Day will be January 31, 2017

MOTION to adjourn: Jude made motion to adjourn. Seconded by Sara. All in favor.

Meeting adjourned at 11:30 a.m.