



AGENDA

May 15, 2019
 8:00 am – 4:15 pm
 Champlain College, Conference & Events Center
 375 Maple Street, Burlington, VT 05401

TIME	EVENT	LOCATION
8:00 am—8:45 am	Registration	Lobby
8:45 am—9:00 am	Welcome and Opening Remarks <i>Opening Remarks</i> <ul style="list-style-type: none"> Phil Blackburn, President (NAMI Vermont) Laurie Emerson, Executive Director (NAMI Vermont) Sarah Squirrell, Mental Health Commissioner (State of Vermont) 	Champlain Room
9:00 am—10:15 am	Keynote Presentation <i>Living and Working with Challenging Young Adults: Weathering Your Own Triggers</i> Martha B. Straus, PhD, Professor, Clinical Psychology at Antioch University New England, Keene, NH	Champlain Room
10:15 am—10:30 am	Break	
10:30 am—11:45 am	Workshops (Morning) <i>Collaborative Networks Approach – Vermont’s Journey with Open Dialogue Informed Approaches (Panel Discussion)</i> <ul style="list-style-type: none"> Sandra Steingard, MD, Chief Medical Officer, Howard Center Zelda Alpern, LICSW, Open Dialogue Coordinator, Counseling Service of Addison County Family Member guest panelists – Catherine Swearingen, Jill Thomas and Jessica Hodder <i>Building Flourishing Communities: Understanding the Impacts of Trauma, N.E.A.R. Science, and Vermont’s Resiliency Movement</i> <ul style="list-style-type: none"> Matt Wolf, Building Flourishing Communities Master training and Youth in Transition (YIT) Program Director, the Vermont Federation of Families for Children’s Mental Health <i>Empowering Empathy</i> <ul style="list-style-type: none"> Sarah Lipton, Founder and Leadership Mentor, The Presence Point, LLC 	

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TIME	EVENT	LOCATION
11:45 am—1:00 pm	Lunch & Special Announcements	Dining Hall
1:00 pm—2:15 pm	Keynote Presentation <i>Mindfulness, Magic, and Mental Health: Tips for Caring for Yourself and Others</i> Dr. Steve Taubman, President of Powertrack Presentations	Champlain Room
2:15 pm—2:30 pm	Break	
2:30 pm	Raffle Prize Drawing	
2:45 pm—4:00 pm	Workshops (Afternoon) <i>Mindfulness Meditation for High Stress Situations</i> <ul style="list-style-type: none"> • Dr. Steve Taubman, President of Powertrack Presentations <i>Zero Suicide: Lamoille County Mental Health’s Journey in Suicide Prevention</i> <ul style="list-style-type: none"> • Bryanne Castle, MA, Intake & Therapeutic Services Coordinator, Lamoille County Mental Health Services • Monique Reil, BA, Mobile Crisis Team Manager, Lamoille County Mental Health Services <i>Metabolizing Trauma, Panel by Panel: Reconciling Mental Illness and Reclaiming Personal Narrative Via the Comics Form</i> <ul style="list-style-type: none"> • Rachel Lindsay, Author/Cartoonist of “RX: A Graphic Memoir” 	
4:00 pm—4:15 pm	Evaluations <i>(Please note that an evaluation must be completed and submitted before NAMI Vermont can issue a certificate for CEU’s)</i>	

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