

# CANDIDATES Seeking election to NAMI Vermont Board of Directors November 2013 Seeking First Term Ending November 2016

### Betty J Keller, MD

St. Johnsbury

Betty is a family member and a physician who has served on NAMI Vermont's Advocacy Committee since winter 2012. She has an extensive history in advocacy on a variety of issues and has a commitment to seizing the opportunity to improve Vermont's mental health system in the aftermath of Hurricane Irene.

# Sandra Steingard, MD

# Burlington

Sandy is the Medical Director at the HowardCenter, where she has worked for the last 18 years, and believes that recovery is best achieved by including a person's family in treatment. She has served as NAMI Vermont's Medical Advisor, written an "Ask the Doctor" column in NAMI Vermont's newsletter, been a guest speaker at NAMI Vermont classes, presented at NAMI Vermont's Annual Conferences and organizes the HowardCenter's NAMIWalk Team. In 1996, she received NAMI's Exemplary Psychiatrist award.

### **Bailey Robert**

Williston

Bailey is a family member who appreciates NAMI Vermont's mission, has experience working at various mental health agencies and is working towards a masters degree in Healthcare Administration. Bailey has experience working with families and individuals in the Vermont mental healthcare community and has experience with fundraising, public speaking, advocacy, social media and writing.

# **Katharine Crane**

# Belmont

Katy is a family member who has been involved with NAMI Maryland for the past fourteen years, where she has served as a Secretary on the board, co-chaired their Public Policy Committee, taught Family-to-Family classes and participated in NAMIWalks. She currently serves on NAMI Vermont's Advocacy Committee. Additionally, Katy has experience as a mental health counselor.

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# **Karen Kelley**

# Burlington

Karen Kelley has served on NAMI Vermont's Board of Directors since 2010, as Vice-Chair in early 2012 and Chair since fall 2012. For the last six years she has been involved with NAMI Vermont as a Provider Education Teacher and Connections Facilitator. She serves on many committees and fundraises for Vermont's NAMIWalk. Karen's goal for the board is to increase the visibility of NAMI Vermont in the state, to keep the solid foundation built over the last year in place, to bring in a more diverse population and to raise more money!