

### **UPDATE**

April 15, 2017

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Prepared by the U.S. Department of Health and Human Services, National Institutes of Health, National Institute of Mental Health, Office of Constituency Relations and Public Liaison

# HIGHER DEATH RATE AMONG YOUTH WITH FIRST EPISODE PSYCHOSIS: NIH-FUNDED STUDY HIGHLIGHTS NEED FOR INCREASED EARLY INTERVENTION PROGRAMS

A new study shows that young people experiencing first episode psychosis (FEP) have a much higher death rate than previously thought. Researchers analyzed data on approximately 5,000 individuals aged 16-30 with commercial health insurance who had received a new psychosis diagnosis, and followed them for the next 12 months. They found that the group had a mortality rate at least 24 times greater than the same age group in the general population, in the 12 months after the initial psychosis diagnosis. This study, funded by the National Institute of Mental Health (NIMH), part of the National Institutes of Health (NIH), underscores that young people experiencing psychosis warrant intensive and proactive treatments, services, and supports.

Press Release: https://www.nimh.nih.gov/news/science-news/2017/higher-death-rate-among-youth-with-first-episode-psychosis.shtml

### VA REACH VET INITIATIVE HELPS SAVE VETERANS LIVES: PROGRAM SIGNALS WHEN MORE HELP IS NEEDED FOR AT-RISK VETERANS

Suicide prevention is one of the Department of Veterans Affairs' (VA) highest priorities. As part of VA's commitment to put resources, services, and all technology available to reduce Veteran suicide, VA has launched an innovative program called *Recovery Engagement and Coordination for Health – Veterans Enhanced Treatment* (REACH VET). Using a new predictive model, REACH VET analyzes existing data from Veterans' health records to identify those at a statistically elevated risk for suicide, hospitalization, illness, or other adverse outcomes. This allows VA to provide pre-emptive care and support for Veterans, in some cases before a Veteran even has suicidal thoughts.

Press Release: https://www.va.gov/opa/pressrel/pressrelease.cfm?id=2878

# CIGARETTE SMOKING RATES SIGNIFICANTLY HIGHER AMONG ADULTS EXPERIENCING MENTAL ILLNESS

Adults (ages 18 and older) who experienced a mental illness in the past year were more likely to smoke cigarettes than adults who have not experienced a mental illness, according to a new report by the Substance Abuse and Mental Health Services Administration (SAMHSA). For example, one in three adults who experienced a mental illness in the past year were current cigarette smokers compared to one in five adults who did not experience a mental illness. While current cigarette use dropped among adults overall and among adults experiencing mental illness, smoking remains a concern for those experiencing mental illness because of the frequency of cigarette use in that population.

Press Release: https://www.samhsa.gov/newsroom/press-announcements/201703301000

# PRESIDENTIAL EXECUTIVE ORDER ESTABLISHING THE PRESIDENT'S COMMISSION ON COMBATING DRUG ADDICTION AND THE OPIOID CRISIS

President Donald J. Trump signed an Executive Order establishing the President's Commission on Combating Drug Addiction and the Opioid Crisis. The Commission will be chaired by Governor Chris Christie and will study ways to combat and treat the scourge of drug abuse, addiction, and the opioid crisis, which was responsible for more than 50,000 deaths in 2015, and has caused families and communities across America to endure significant pain and suffering.

Press Release: https://www.whitehouse.gov/the-press-office/2017/03/30/president-donald-j-trump-signs-executive-order-establishing-presidents

### FDA APPROVES FIRST DRUG TO TREAT TARDIVE DYSKINESIA

The U.S. Food and Drug Administration (FDA) today approved Ingrezza (valbenazine) capsules to treat adults with tardive dyskinesia. This is the first drug approved by the FDA for this condition. Tardive dyskinesia is a neurological disorder characterized by repetitive involuntary movements, usually of the jaw, lips, and tongue such as grimacing, sticking out the tongue, and smacking the lips. Some affected people also experience involuntary movement of the extremities or difficulty breathing.

https://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm552418.htm

### RESOURCES: PUBLICATIONS, TOOLKITS, OTHER RESOURCES

### **NEW FROM NIMH**

DIRECTOR'S MESSAGE: AUTISM AWARENESS MONTH: GENES AND DEVELOPMENT IN AUTISM SPECTRUM DISORDER

In the first of two special Director's Messages about autism spectrum disorder (ASD), NIMH Director, Dr. Joshua Gordon discusses what we know so far about what causes ASD and what NIMH researchers are doing to clarify how these causes lead to symptoms. The message includes findings emerging from studies of genetic factors. https://www.nimh.nih.gov/about/director/messages/2017/autism-awareness-month-genes-and-development-in-autism-spectrum-disorder.shtml

### **NEW FROM NIH**

ARCHIVED LECTURE: NONINVASIVE NEUROMODULATION IN PSYCHIATRY: STIMULATING THE SCIENCE OF MENTAL HEALTH

This archived NIH lecture provides an overview on advances in neuromodulation interventions featuring: Matthew V. Rudorfer, MD, Chief of the Somatic Treatments and Psychopharmacology Programs in the NIMH Division of Services and Intervention Research, and Sarah H. Lisanby, MD, Director of the NIMH Division of Translational Research and Director of the Noninvasive Neuromodulation Unit in the NIMH Experimental Therapeutics and Pathophysiology Branch. https://videocast.nih.gov/summary.asp?Live=21898&bhcp=1

### NIDA: RESEARCH SHOWS PARALLELS BETWEEN ADDICTION AND AGGRESSION

Observers have noted parallels between aggression and addiction. People with either problem pursue a harmful behavior, even despite negative consequences. A new study by scientists at the National Institute on Drug Abuse's (NIDA) Intramural Research Program showed that when mice are exposed to experimental protocols adapted from those that are used to model human addictive behaviors, some animals develop an addiction-like propensity to aggression. https://www.drugabuse.gov/news-events/latest-science/research-shows-parallels-between-addiction-aggression

### **NEW FROM HHS**

BLOG POST: ADDRESSING PUBLIC HEALTH CRISES: SUICIDE AND OPIOID ADDICTION ARE PREVENTABLE

This U.S. Department of Health and Human Services (HHS) blog post shines a light on two preventable and treatable public health issues: suicide and opioid addiction. The post highlights Centers for Disease Control and Prevention (CDC), SAMHSA, and Surgeon General resources available to address these issues. https://www.hhs.gov/blog/2017/04/03/public-health-crisis-suicide-and-opioids.html

### RESEARCH BRIEF: WELL-BEING OF YOUNG CHILDREN AFTER EXPERIENCING HOMELESSNESS

HHS recently released a new research brief using data from the U.S. Department of Housing and Urban Development's Family Options Study. The brief examines the well-being of young children 20 months after staying in emergency homeless shelters with their families. It draws comparisons between children who experienced homelessness and national norms for children of the same age. The brief also examines housing instability, child care instability, and enrollment in center-based care and Head Start, and associations between housing and child care stability and child well-being.

https://www.acf.hhs.gov/opre/resource/well-being-of-young-children-after-experiencing-homelessness

### **NEW FROM SAMHSA**

### **FOCUS ON PREVENTION**

This resource guides communities in planning and delivering substance abuse prevention strategies. It covers needs assessments, identifying partners, creating effective strategies, marketing, special populations, and program evaluation. http://store.samhsa.gov/product/Focus-on-Prevention/All-New-Products/SMA10-4120

ARCHIVED WEBCAST: INTERSECTING IDENTITIES: IMPROVING HEALTH OUTCOMES FOR LGBTQ12-S YOUTH OF COLOR

The January 2017 Knowledge Network for Systems of Care TV webcast delved into the intersecting identities of LGBTQI2-S youth of color and the associated challenges they may face such as trauma and suicide, and resilience. A panel of experts discussed strategies to build supportive spaces for LGBTQI2-S youth of color, address behavioral health challenges, and facilitate healing among children, youth, and families. https://www.youtube.com/watch?v=Jrc0ml3KIGk&feature=youtu.be

### TRANSITIONING FROM PRISON TO COMMUNITY

Jails and prisons house significantly greater proportions of individuals with mental, substance use, and cooccurring disorders than are found in the general public. Upon release from jail or prison, many people with mental or substance use disorders lack access to services and, too often, fall into a recurring, costly cycle of involvement with the justice system. Experts in the justice, behavioral health, and public policy fields agree that by providing behavioral health support services to these people in transition they can increase their chances of returning to healthy and productive lives in the community.

https://newsletter.samhsa.gov/2017/04/06/transitioning-from-prison-to-community/

### **NEW FROM CDC**

### METHADONE PRESCRIBING AND OVERDOSE, AND THE ASSOCIATION WITH MEDICAID PREFERRED DRUG LIST POLICIES

While methadone is frequently involved in drug overdoses, there is evidence that effective state-based policies that encourage safe prescribing are associated with fewer methadone overdoses. A recent CDC study found that in 2014, methadone accounted for approximately one percent of all opioid prescriptions, but methadone-related deaths accounted for about 23 percent of all prescription opioid-related mortality. Drug overdose deaths involving methadone have declined 39 percent since 2007. Despite this decline, methadone continues to account for a large proportion of prescription opioid-related deaths. Opioid prescribing is higher among Medicaid enrollees, signaling an opportunity for intervention. There was a higher rate of methadone overdoses in a state with a Medicaid payment policy in which methadone was a "preferred drug" for pain and with routine reimbursement for the drug than in a state without such a policy. https://www.cdc.gov/mmwr/volumes/66/wr/mm6612a2.htm

### SCREENING FOR EXCESSIVE ALCOHOL USE AND BRIEF COUNSELING OF ADULTS - 17 STATES AND THE DISTRICT OF COLUMBIA, 2014

It has been recommended by the U.S. Preventive Services Task Force that all U.S. adults aged 18 years and older be screened for alcohol misuse and receive brief counseling, if needed. Findings from a five-question module on alcohol screening and brief intervention using Behavioral Risk Factor Surveillance System survey data from 17 states and the District of Columbia in 2014 indicate that only one in three binge drinkers was asked about alcohol use (in person or on a form) and advised about risky drinking levels. Further, only one in six binge drinkers was asked about alcohol use (in person or on a form) and advised to reduce their drinking by a health professional. https://www.cdc.gov/mmwr/volumes/66/wr/mm6612a1.htm

### **NEW FROM NCTSN**

### RESPONDING TO A SCHOOL CRISIS

The immediate goals of school staff after a crisis are to re-establish a sense of safety and restore the learning environment at the school. The first step is to ensure that the building and grounds of the school are secure and well monitored so that students and staff can regain a sense of trust and safety. To achieve these goals, each member of the school community must work both individually and as a member of a team to take the steps needed to restore balance to the school environment. Positive working relationships among school staff not only achieve the goal of recovery from a school crisis, but the staff's actions provide positive role modeling for students and life-long lessons about how to conduct oneself during times of adversity. For information on funding for school-crisis recovery, please visit the U.S. Department of Education SERV Funding for Crisis Recovery. http://www.nctsnet.org/resources/audiences/school-personnel/crisis-situation

### **NEW FROM SPRC**

### NEW SUICIDE PREVENTION TOOLS TO HELP GUIDE COMMUNITIES

The National Action Alliance for Suicide Prevention and its partners from the American Foundation for Suicide Prevention, CDC, and Suicide Prevention Resource Center have released two new resources that synthesize current knowledge about community-based suicide prevention and emphasize the need for comprehensive prevention efforts that combine multiple strategies. <a href="http://www.sprc.org/news/new-suicide-prevention-tools-help-guide-communities">http://www.sprc.org/news/new-suicide-prevention-tools-help-guide-communities</a>

### **NEW FROM AHRQ**

INTERVENTIONS TO PREVENT AGE-RELATED COGNITIVE DECLINE, MILD COGNITIVE IMPAIRMENT, AND CLINICAL ALZHEIMER'S-TYPE DEMENTIA

The goal of this Agency for Healthcare Research and Quality review was to assess the effectiveness of 13 interventions for preventing or delaying the onset of age-related cognitive decline, mild cognitive impairment (MCI), or clinical Alzheimer's-type dementia (CATD). Most interventions showed no evidence of benefit to delay or prevent age-related cognitive decline, MCI, and/or CATD. Some forms of cognitive training improve the performance of the specific target of training for adults with normal cognition, but little evidence supports transfer of benefits to other cognitive areas or reduced dementia incidence. Benefit for any form of cognitive training beyond two years is less certain. Some types of physical activity, and vitamin B12 plus folic acid, may benefit cognitive performance in some areas for adults with normal cognition. http://www.effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productid=2456

### **NEW FROM ACF**

### BUILDING COMMUNITY, BUILDING HOPE

The film Building Community, Building Hope highlights three innovative programs working to prevent and respond to child maltreatment by engaging parents and communities, and forming partnerships to ensure the safety and well-being of all children. https://www.acf.hhs.gov/media

### **NEW FROM DEPARTMENT OF JUSTICE**

PERFORMANCE UPDATE OCTOBER 2011-DECEMBER 2015: JUSTICE AND MENTAL HEALTH COLLABORATIVE GRANT PROGRAM ACCOMPLISHMENTS

The Justice and Mental Health Collaboration Program seeks to increase public safety by facilitating collaboration among the criminal justice and mental health and substance use disorder treatment systems.

The program encourages early intervention for multisystem-involved people; maximizes diversion opportunities; promotes cross-training for justice and treatment professionals; and facilitates communication, collaboration, and the delivery of support services among justice professionals, treatment and related service providers, and government partners. https://www.bja.gov/publications/JMHCP-Performance-Update-2011-2015.pdf

### ARCHIVED WEBINAR: TRAUMA-INFORMED APPROACHES FOR AT-RISK YOUTH

The Office for Victims of Crime Training and Technical Assistance Center hosted the webinar, "Expert Q&A: Working with At-risk Youth with High Levels of Trauma and Risk for (Re)Victimization." This webinar addressed how organizations that serve at-risk youth can gain a grounding in trauma-informed care. Presenters discussed how to mitigate the risk for both (re)victimization and criminal offending among youth who are victims of violence and trauma, the victim/offender overlap, responding to youth victims of crime, and the ethics and mandatory reporting requirements involved in this work.

https://www.ovcttac.gov/expert-qa/ (Select Past Sessions)

#### **NEW FROM VA**

### VA BLOG POST: IMPORTANT OFFICE THAT MOST PEOPLE HAVE NEVER HEARD OF

This post describes the VA's National Center for Patient Safety, which has contributed to an 82 percent decrease in deaths from suicide in VA inpatient mental health care.

https://www.va.gov/HEALTH/NewsFeatures/2017/March/Important-Office-that-Most-People-Have-Never-Heard.asp

### **NEW FROM DCOE**

### DCOE BLOG POST: WHEN THE BLUES LAST BEYOND WINTER

This Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury blog post describes symptoms for a form of depression called seasonal affective disorder (SAD) which can affect people in low-light conditions. SAD occurs when fluctuating and decreasing levels of sunlight cause imbalances in individuals' serotonin levels. The resulting depression can lead to difficulty getting out of bed in the morning or reduced interest in activities. http://dcoe.mil/blog/17-03-31/when-blues-last-beyond-winter

### **EVENTS**

### NATIONAL MINORITY HEALTH MONTH: BRIDGING HEALTH EQUITY ACROSS COMMUNITIES

### **APRIL 2017**

During National Minority Health Month, the HHS Office of Minority Health (OMH) will join with its partners in raising awareness about efforts across the health, education, justice, housing, transportation, and employment sectors to address the factors known as the *social determinants of health* – environmental, social, and economic conditions that impact health.

https://www.minorityhealth.hhs.gov/omh/content.aspx?lvl=2&lvlid=12&ID=10234

#### NATIONAL AUTISM AWARENESS MONTH

### **APRIL 2017**

National Autism Awareness Month represents an excellent opportunity to promote autism awareness and acceptance, and to draw attention to the tens of thousands of individuals facing an autism diagnosis each year.

CDC resources: https://www.cdc.gov/ncbddd/autism/index.html

### **ALCOHOL AWARENESS MONTH**

### **APRIL 2017**

Drinking too much alcohol increases people's risk of injuries, violence, drowning, liver disease, and some types of cancer. Spread the word about strategies for preventing alcohol misuse or abuse, and encourage communities, families, and individuals to get involved. https://healthfinder.gov/nho/

### NATIONAL CHILD ABUSE PREVENTION MONTH

### **APRIL 2017**

The Children's Bureau observes National Child Abuse Prevention Month to raise public awareness of child abuse and neglect, recommit efforts and resources aimed at protecting children and strengthening families, and promote community involvement through activities that support the cause.

https://cbexpress.acf.hhs.gov/index.cfm?event=website.viewArticles&issueid=185&sectionid=2&articleid =4923

### WEBINAR: UNDERSTANDING THE MYTHS AND FACTS OF ACCESS TO PRIMARY CARE FOR PEOPLE WITH MENTAL ILLNESS

### APRIL 17, 2017, 2:00 PM ET

Individuals with mental illnesses may not access primary care services for varied and complex reasons. Studies over the past decade have shown how people with mental illnesses experience significant health disparities, including higher rates of chronic medical conditions, higher use of hospital emergency departments, and increased rates of early death from preventable conditions. Behavioral health providers have a number of opportunities to incorporate primary care and wellness programs into their services. Join this SAMHSA-Health Resources and Services Administration webinar to hear what research tells us about best practices in increasing access to primary care, and gain practical tips from a SAMHSA Primary and Behavioral Health Care Integration grantee on how to influence a variety of internal and external factors to increase engagement in health and wellness activities.

https://goto.webcasts.com/starthere.jsp?ei=1140499

# WEBINAR: A PRIMER ON FIRST EPISODE PSYCHOSIS: WHERE TO BEGIN IMPROVING PRACTICE

### APRIL 19, 2017, 1:00-2:00 PM ET

Many young people have their first experience with serious mental and/or substance use disorders during the ages of 16 to 25. While this period of development can be an effective launch into a solid adulthood, often transition-age youth (TAY) face increased challenges and risks, needing services and supports they may no longer be eligible to receive or know how to find. This second webinar in SAMHSA's Recovery to Practice series on recovery-oriented clinical treatment and support for TAY will: describe FEP; present an overview of current research on treatment models such as the NIMH's Recovery After an Initial Schizophrenia Episode (RAISE) project; examine the different aspects of coordinated specialty care treatments and supports for young people who are experiencing FEP; and explore how practitioners can make concrete changes in services to better meet the needs of youth and their families. https://content.govdelivery.com/accounts/USSAMHSA/bulletins/19110a1

### WEBINAR: WHAT TO DO (AND NOT DO) WHEN CHILDREN ARE ANXIOUS

### APRIL 20, 2017, 1:00-2:00 PM ET

Caregivers play a vital role in helping a child manage anxiety. Sometimes it's hard to know what to say and do when a child is anxious. This NIMH webinar will offer the practical strategies to help caregivers and children break the cycle of anxiety. Participants will learn how to present important concepts about the nature and causes of anxiety, effective ways to change unhelpful thinking, how to face feared situations in a gradual, manageable way, and how to identify and change the cycle of accommodating anxiety within the family. https://whattodowhenchildrenareanxious.eventbrite.com

### WEBINAR: NATIVE AMERICAN CULTURAL COMPETENCY WEBINAR SERIES: CULTURAL SENSITIVITY WHEN COLLECTING SENSITIVE DATA

### APRIL 20, 2017, 1:00 PM-2:00 PM ET

Are you interested in learning more about tribal communities and how to work with their tribal governments? Upon completion of this Mountain States Regional Health Equity Council webinar, the participants will be able to list three benefits of providing culturally and linguistically appropriate services; identify and understand the holistic healing approach, cultural norms, customs, and protocols of the Great Plains tribes; discuss effective strategies when working with the Native American population that can be shared with co-workers; and enhance the relationship between health care provider and patient by building a culturally competent workforce. http://tinyurl.com/MountainNAweb

### WEBINAR: GUIDELINES FOR SUCCESSFUL TRANSITION OF PEOPLE WITH MENTAL OR SUBSTANCE USE DISORDERS FROM JAIL AND PRISON

### APRIL 20, 2017, 2:00-3:30 PM ET

This upcoming webinar from SAMHSA's GAINS Center will walk participants through the key elements of SAMHSA's recently published *Guidelines for Successful Transition of People with Mental or Substance Use Disorders from Jail and Prison: Implementation Guide,* including examples of successful implementation of the guidelines in local jails.

https://praincevents.webex.com/mw3200/mywebex/default.do?nomenu=true&siteurl=praincevents&se rvice=6&rnd=0.1915096291771855&main\_url=https%3A%2F%2Fpraincevents.webex.com%2Fec3200%2Fe ventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b00000003 47268586ec9587057f085ce045f9588a2bf8493e99068ea400eb63fe08d9f13c%26siteurl%3Dpraincevents%2 6confViewID%3D1759401148%26encryptTicket%3DSDJTSwAAAAPhFKkXNBm8BlfZ3pekbH4H4H8rW4iwt1 4H5tAZK-5khw2%26

### OFFICE OF MINORITY HEALTH RESOURCE CENTER GRANT WRITING WORKSHOP

### APRIL 20-21, 2017, GREENSBORO, NC

The HHS OMH Resource Center University Vision, Design and Capacity technical grant writing workshops provide university faculty and health professionals with strategies to make grant proposals more competitive. This hands-on workshop hosted by the North Carolina Agricultural and Technical State University is for junior faculty, staff, and college/university health professionals from Historically Black Colleges and Universities who are interested in community-based participatory research, who are committed to working with underserved populations, and who want to build their institution's capacity to compete and receive competitive grant awards.

https://www.minorityhealth.hhs.gov/omh/browse.aspx?lvl=3&lvlid=100

### FACEBOOK LIVE Q&A SESSION: MIND AND BODY APPROACHES AND MILITARY PERSONNEL AND THEIR FAMILIES

APRIL 25, 2017, 1:00 PM ET

In this National Center for Complementary and Integrative Health Facebook Q&A, experts from the Uniformed Services University of the Health Sciences, Dr. Eric Schoomaker and Dr. Chester "Trip" Buckenmaier, III, will discuss mind and body approaches such as meditation, yoga, and relaxation techniques for pain, post-traumatic stress disorder (PTSD), anxiety, and insomnia in the military population. https://nccih.nih.gov/news/events/livechat

### WEBINAR: EFFECTIVE FAMILY TREATMENTS FOR ADOLESCENT SUBSTANCE USE DISORDERS

APRIL 25, 2017, 1:00-2:00 PM ET

This SAMHSA Addiction Technology Transfer Center webinar will describe the strong evidence base supporting family therapy for treating adolescent substance use disorders. It will review the evidence for and content of empirically-supported manualized family therapy models, including brief strategic family therapy, functional family therapy, multidimensional family therapy, and multisystemic therapy. https://www3.thedatabank.com/dpg/423/pm.asp?id=61526&nav=1&aacwc=36156423936704061526199 504107

# WEBINAR: VETERAN PROBLEMS WITH THE LAW: THE ROLE OF PTSD, MILITARY SEXUAL TRAUMA, TRAUMATIC BRAIN INJURY, AND PAIN

APRIL 25, 2017, 2:00-3:00 PM ET

This VA webinar will present findings from a retrospective cross-sectional health screening data sample of 1,250 Iraq and Afghanistan Veterans focused on analyzing associations of demographic, service-related, and clinical characteristics with self-reported legal problems. The intended audience would include health care practitioners as well as professionals involved in the legal system.

https://attendee.gotowebinar.com/register/7433324607173526531

# NIMH SPECIAL EVENT FOR AUTISM AWARENESS MONTH - AS ONE: THE AUTISM PROJECT

APRIL 25, 2017, 6:00-8:15 PM ET, BETHESDA, MD

The NIMH Office of Autism Research Coordination is hosting this annual special event to recognize National Autism Awareness Month. The event will screen the documentary film, As One: The Autism Project, which

was commissioned by Her Highness Sheikha Shamsa bint Mohamed bin Zayed Al Nahyan of the United Arab Emirates to raise awareness of ASD. The event will include a discussion with the film director, Ms. Hana Makki, and Ms. Sharifa Yateem, a behavioral therapist who worked with the children and families featured in the film. The event will be available via videocast. https://iacc.hhs.gov/meetings/non-iacc-meetings/2017/april25/as-one-movie-screening.shtml

### WEBINAR: UNDERSTANDING DEPRESSION IN TEENAGERS

APRIL 27, 2017, 1:00-2:00 PM ET

Depression is a leading cause of disability worldwide and is a major contributor to the overall global burden of disease. Depression has its origins early in life, but current treatments are inadequate. Close to a third of young people with depression do not respond to treatment and many of those who do respond eventually relapse. Join Dr. Argyris Stringaris, Chief of the NIMH Mood, Brain and Development Unit in Bethesda, MD, for this webinar on depression in teenagers. https://understandingdepressioninteenagers.eventbrite.com

### WEBINAR: HUMAN TRAFFICKING AND CRIMINAL BEHAVIOR ACROSS MINORITY POPULATIONS

APRIL 27, 2017, 2:00-3:00 PM ET

The focus of the webinar hosted by the Southeastern Health Equity Council will be responding to human trafficking victimization of marginalized, masked, and missed minority populations through a cultural competency lens. After this webinar, participants will be able to: identify human trafficking victimization and criminal behavior; describe the intersectionality of social determinants and human trafficking; explain the importance of trauma-informed care through a cultural competency lens; discuss best practices for multidisciplinary and collaborative partnerships; and identify cultural competency assessment and evaluation tools. http://tinyurl.com/SHECHumanTraf

### 2017 NIH REGIONAL SEMINAR: PROGRAM FUNDING AND GRANTS ADMINISTRATION

MAY 3-5, 2017, NEW ORLEANS, LA

The NIH Office of Extramural Research is hosting this seminar, which offers attendees from around the globe a comprehensive program designed around the latest in NIH grants policies, program, and process information, presented by approximately 70 NIH and HHS program, peer review, policy, and grants management officials. https://regionalseminars.od.nih.gov/neworleans2017/

### HEALTH OBSERVANCE: NATIONAL CHILDREN'S MENTAL HEALTH AWARENESS DAY

#### MAY 4, 2017

National Children's Mental Health Awareness Day (Awareness Day) seeks to raise awareness about the importance of children's mental health and to show that positive mental health is essential to a child's healthy development from birth. Awareness Day 2017's national focus is on the importance of integrating behavioral health and primary care for children, youth, and young adults with mental and/or substance use disorders. The 2017 national theme is "Partnering for Help and Hope." Communities, national collaborating organizations, and federal programs across the country are busy planning local Awareness Day 2017 activities and events. https://www.samhsa.gov/children/national-childrens-awareness-day-events/awareness-day-2017

#### 2017 NATIONAL AWARENESS DAY EVENT

### MAY 4, 2017, 7:00 PM ET, WASHINGTON, DC

SAMHSA's 2017 Awareness Day event will focus on the importance of integrating behavioral health and primary care for children, youth, and young adults with mental and/or substance use disorders. Michael Phelps, the world's most decorated Olympic athlete, and Allison Schmitt, an eight-time Olympic medalist, will serve as Awareness Day 2017 Honorary Chairpersons. They each will receive a SAMHSA Special Recognition Award for speaking candidly about their experiences with behavioral health, and how they are now working to support youth and young adults with similar experiences.

http://campaign.r20.constantcontact.com/render?m=1103157461522&ca=a4defde6-0255-439b-b1b0-65adf634cd35

### TRANSFORMATIVE OPPORTUNITIES FOR SOLVING THE GRAND CHALLENGES IN GLOBAL MENTAL HEALTH

### MAY 8-9, 2017, BETHESDA, MD

The NIMH Office for Research on Disparities and Global Mental Health and Grand Challenges Canada will coconvene this workshop at the NIH campus, located in Bethesda, MD. The workshop will bring together global mental health researchers, innovators, and other stakeholders to discuss exciting new research findings and strategic opportunities for addressing the six priority areas identified in the Grand Challenges in Global Mental Health initiative. https://www.nimh.nih.gov/research-priorities/scientificmeetings/2017/grand-challenges/index.shtml

### WEBINAR: MOTHERHOOD: WHAT IT MEANS FOR WOMEN'S RECOVERY

### MAY 9, 2017, 2:00-3:30 PM ET

Substance use and mental health problems may challenge a woman's ability to effectively parent. Many effective interventions and supports are available to support women, their children, and their families. This SAMHSA webinar will discuss those interventions and supports, along with the importance of support for women who choose not to parent. Learn more about using motherhood as a pivot point to access help in substance use and mental health, incorporating family-centered approaches for women with behavioral health disorders and their children, meeting the needs of complex families, and more.

https://www.samhsa.gov/women-children-families/trainings/relationships-matter

### **HEALTH OBSERVANCE: NATIONAL PREVENTION WEEK**

### MAY 14-20, 2017

National Prevention Week is an annual health observance dedicated to increasing public awareness of, and action around, substance abuse and mental health issues. The 2017 Daily Health Themes include:

- Prevention of Youth Tobacco Use: Monday, May 15
- Prevention of Underage Drinking and Alcohol Misuse: Tuesday, May 16
- Prevention of Prescription and Opioid Drug Misuse: Wednesday, May 17
- Prevention of Illicit Drug Use and Youth Marijuana Use: Thursday, May 18
- Prevention of Suicide: Friday, May 19
- Promotion of Mental Health and Wellness: Saturday, May 20

https://www.samhsa.gov/prevention-week/about

### NOW ACCEPTING NOMINATIONS FOR THE 2017 SAMHSA VOICE AWARDS FOCUSED ON AMERICA'S MILITARY AND VETERANS

SAMHSA's Voice Awards honor people in recovery and their family members who are community champions seeking to improve the lives of people with mental illnesses and addictions. The Voice Awards also recognize television and film productions that educate the public about behavioral health, and showcase that recovery is real and possible. The 2017 SAMHSA Voice Awards is putting the spotlight on individuals and entertainment productions that provide hope and support to those past and present service members who have faced mental health and addiction challenges. Nominations are due by April 24, 2017. https://content.govdelivery.com/accounts/USSAMHSA/bulletins/1907c39

# PROPOSALS FROM THE FEDERAL INTERAGENCY WORKING GROUP FOR REVISION OF THE STANDARDS FOR MAINTAINING, COLLECTING, AND PRESENTING FEDERAL DATA ON RACE AND ETHNICITY

The Office of Management and Budget (OMB) requests comments on the proposals that it has received from the Federal Interagency Working Group for Research on Race and Ethnicity (Working Group) for revisions to the Office of Management and Budget's (OMB) *Standards for Maintaining, Collecting, and Presenting Federal Data on Race and Ethnicity*. The Working Group's report and proposals are the result of a two-year, focused review of the implementation of the current standards. The Working Group's report reflects an examination of current practice, public comment received in response to the Federal Register Notice posted by OMB on September 30, 2016, and empirical analyses of publicly available data. The report also notes statutory needs and feasibility considerations, including cost and public burden. Comments accepted through May 1, 2017.

https://www.federalregister.gov/documents/2017/03/01/2017-03973/proposals-from-the-federal-interagency-working-group-for-revision-of-the-standards-for-maintaining

# NIAAA: A SECOND CHALLENGE COMPETITION FOR THE WEARABLE ALCOHOL BIOSENSOR

The National Institute on Alcohol Abuse and Alcoholism has issued the following challenge: to produce a prototype of a sleek, unobtrusive wearable capable of monitoring blood alcohol, non-invasively and in real time. Such a device would significantly advance current alcohol monitoring capabilities. Highest priority will be given to devices that use non-invasive technologies to measure alcohol concentration in the blood and other bodily fluids or tissues, as opposed to detection of alcohol exuded through the skin in sweat or vapor. Competition submissions (a working prototype, data proving functionality/reliability, and photos/videos) will be accepted until May 15, 2017, with winners announced on or after August 1, 2017.

https://www.niaaa.nih.gov/research/niaaa-research-highlights/niaaa-spectrum-second-challenge-competition-wearable-alcohol

### ENHANCING PATIENT ENGAGEMENT EFFORTS ACROSS THE FDA

The FDA is soliciting input on ongoing efforts to enhance mechanisms for patient engagement at the Agency. In this tradition, FDA intends to enhance future patient engagement by providing a more transparent, accessible, and robust experience for patient communities. To achieve these goals, FDA is considering establishing a new Office of Patient Affairs. This concept was directly informed by the public feedback solicited through the prior public docket regarding FDA's stakeholder engagement responsibilities outlined by the FDA Safety and Innovation Act. The purpose of this notice is to outline FDA's proposal for the future of patient engagement at the Agency so that the perspectives of patient communities can be better captured. Comments on this proposal are accepted through June 12, 2017.

https://www.federalregister.gov/documents/2017/03/14/2017-04982/enhancing-patient-engagement-efforts-across-the-food-and-drug-administration-establishment-of-a

### THE ALL OF US RESEARCH PROGRAM SEEKS FEEDBACK FROM THE COMMUNITY

The *All of Us* Research Program (formerly known as the Precision Medicine Initiative Cohort Program) will create a community of one million or more people from across the U.S. to improve the future of health. Those who join the program will contribute their health, environment, and lifestyle information over an extended period of time. By gathering information from such a large group of people, researchers will be able to learn how specific factors impact an individual's health, and disease prevention and treatment. This approach to tailoring health care for each unique individual is called "precision medicine." The research program developers want to hear from everyone about their thoughts and ideas for how to make *All of Us* a success. Ideas on topics such as participant engagement and communications, health information data security, and the type of data to be collected are welcome from researchers, health care providers, patients, or anyone who wants to contribute to greater knowledge.

https://app.hatchbuck.com/OnlineForm/62861057585

### **FUNDING INFORMATION**

### RESOURCE CENTERS FOR MINORITY AGING RESEARCH

https://grants.nih.gov/grants/guide/rfa-files/RFA-AG-18-003.html

U.S. DEPARTMENT OF EDUCATION SERV (SCHOOL ENERGENCY RESPONSE TO VIOLENCE) FUNDING FOR CRISIS RECOVERY

https://www2.ed.gov/programs/dvppserv/index.html





The **Outreach Partnership Program** is a nationwide outreach initiative of the National Institute of Mental Health (NIMH) that enlists state and national organizations in a partnership to increase the public's access to science-based mental health information through partnerships with national and state organizations. For more information about the program please visit: http://www.nimh.nih.gov/outreach/partnership-program/index.shtml. To subscribe to receive the Update every two weeks, go to: http://www.nimh.nih.gov/outreach/partnership-program/news-and-updates-from-the-program.shtml.

The information provided in the **Update** is intended for use by NIMH Outreach Partners, National Partners and their associates for

the express purpose of exchanging information that may be useful in the development of state and local mental health outreach, information, education and partnership programs.