



# Gratitude Tuesday

The Original #1 Mad Libs



A super silly way to fill in the \_\_\_\_\_!  
PLURAL NOUN

## MadLibs Gratitude Game

Remember those fun games you used to play at school or on long car rides where you'd ask someone for words and create a silly story? Here's a play on that! It's called a Gratitude Mad Lib!

Fill in the blanks.

Today, I am grateful for \_\_\_\_\_ (*noun*),

because \_\_\_\_\_ (*pronoun*) helps me feel

\_\_\_\_\_ (*positive feeling*) and \_\_\_\_\_

(*positive feeling*).

Tomorrow, I will remember to feel grateful for

\_\_\_\_\_ (*noun*).

## NAMI Vermont Minute:

Today, NAMI Vermont is grateful for our members, dedicated people around the state who believe strongly in our mission to support, educate and advocate so that all communities, families and individuals affected by mental illness or mental health challenges can build better lives. To learn more about becoming a member, visit [www.namivt.org](http://www.namivt.org).