DIY Spa Bath Bombs

If one of the ways you relax is drawing yourself a warm bath, here’s a fun craft to try. These DIY bath bombs also make great gifts.

- 8 oz. baking soda
- 4 oz Epsom salt
- 4 oz cornstarch
- 4 oz citric acid
- 2 1/2 tbsp coconut oil (could also use almond or olive oil)
- 3/4 tbsp water
- OPTIONAL: drops of essential oil for scent, food coloring.
- Molds

In a large bowl, mix all of the dry ingredients together and put aside. In a cup, mix together the wet ingredients. This is the point where you would include the essential oils or food coloring.

The next step is important. Add the wet ingredients to the dry, but do this very slowly, adding just a few drops at a time while mixing. This is because the citric acid is what causes the bath bombs to fizz when it comes into contact with water. Mixing the ingredients slowly minimizes the reaction, allowing you to create the bath bombs.

Press the mixture tightly into your molds. Let dry for about 5-10 minutes and remove from the mold. Place on parchment paper and let it sit for another 24 hours. Then enjoy!

Don’t have bath bomb molds? Not a problem. Here are some household items that make great substitutes.