



# AGENDA

October 30, 2024

8:00 am – 4:00 pm

Killington Grand Resort Hotel and Conference Center  
228 East Mountain Road, Killington, VT 05751

TIME	EVENT
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8:00 am	<b>Registration</b> <b>Exhibitor Hall Opens /Quilt Raffle Opens</b>
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8:45 am—9:00 am	<b>Welcome &amp; Opening Remarks</b>
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***Opening Remarks***

- Laurie Emerson, Executive Director, NAMI Vermont
- Chip Siler, President, Board of Directors, NAMI Vermont
- Emily Hawes, Commissioner, Vermont Department of Mental Health

9:00 am—10:15 am	<b>Keynote Speaker</b>
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***Transforming Trauma and the Power of Collective Healing***

- Dave Melnick, LICSW, Director of the Transforming Trauma Collaborative at NFI Family Center

10:15 am—10:30 am	<b>Break, Exhibit Hall Open</b>
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10:30 am—11:45 am	<b>Workshops (Morning)</b>
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***Transforming Trauma: How our Organizations Help to Heal (part 1)***

- Dave Melnick, LICSW, Director of the Transforming Trauma Collaborative at NFI Family Center

 **OSCAR WILDE**

***From Darkness to Color: Corrina's Journey of Resilience, Art, and Self-Healing***

- Corrina Thurston, Author, TEDx Speaker, Entrepreneur, and the Executive Director for an arts nonprofit called the Milton Artists' Guild

 **NORTHSTAR**

***LGBTQ+ Mental Health Experiences (Panel Discussion)***

- Scott Bushey (Moderator), President of Saint Albans Pride Corps of Franklin County
- Panelists: Ember Nova Quinn, Galen Blodgett, Eva Valenta, and Xane Miller

 **GATEWAY**

*(please see reverse side)*

11:45 am—12:45 pm	<b>Lunch, Exhibitor Hall Open</b>	
12:45 pm—1:00 pm	<b>NAMI Vermont 40 Years of Impact</b>	
	<ul style="list-style-type: none"> <li>Laurie Emerson, Executive Director, NAMI Vermont</li> </ul>	
1:00 pm—1:15pm	<b>Break /Exhibit Hall Open</b>	
1:15 pm—2:30 pm	<b>Workshops (Early Afternoon)</b>	
	<p><b><i>Coordinated Specialty Care for First Episode Psychosis</i></b></p> <ul style="list-style-type: none"> <li>Helen J. Wood, DCLinPsy, Clinical Associate Professor, Department of Psychological Science, University of Vermont</li> </ul>	 <b>OSCAR WILDE</b>
	<p><b><i>UMatter® Suicide Prevention Awareness Overview</i></b></p> <ul style="list-style-type: none"> <li>Cristina Maddocks, MS Suicide Prevention and U Matter® Program Specialist.</li> </ul>	 <b>NORTHSTAR</b>
	<p><b><i>HCRS Leads Statewide Mobile Crisis Program</i></b></p> <ul style="list-style-type: none"> <li>Anne Bilodeau, Chief Operating Officer, HCRS</li> <li>Kate Lamphere, LICSW Chief Clinical Services Officer, HCRS</li> </ul>	 <b>GATEWAY</b>
2:30 pm—2:45 pm	<b>Break / Exhibit Hall Open / Announce Raffle Winner</b>	
2:45 pm—4:00 pm	<b>Workshops (Late Afternoon)</b>	
	<p><b><i>Transforming Trauma: How our Organizations Help to Heal (part 2)</i></b></p> <ul style="list-style-type: none"> <li>Dave Melnick, LICSW, Director of the Transforming Trauma Collaborative at NFI Family Center</li> </ul>	 <b>OSCAR WILDE</b>
	<p><b><i>Adversity and the Developing Brain: Implications for Youth Mental Health and Well-Being</i></b></p> <ul style="list-style-type: none"> <li>Alexis Brieant, PhD, Assistant Professor, Department of Psychological Science, University of Vermont</li> </ul>	 <b>NORTHSTAR</b>
	<p><b><i>Shared Strength: Insights from Family and Peer Mental Health Support Groups (Panel Discussion)</i></b></p> <ul style="list-style-type: none"> <li>Kristina Petter (Moderator), Program Coordinator, NAMI Vermont</li> <li>Panelists: Ann Cooper, Jay Furr, Judy Siler, and Thelma Louise Stoudt, MA</li> </ul>	 <b>GATEWAY</b>
4:00 pm—4:15 pm	<b>Closing / Evaluations</b>	